Externships in Clinical Psychology
2017 - 2018

Division of Psychological Services
Department of Psychiatry
Long Island Jewish Medical Center, The Zucker Hillside Hospital
Northwell Health (formerly North Shore - LIJ Health System)

Stewart Lipner, PhD
Director, Psychological Services

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Director, Psychology Training

**EXTERNSHIPS IN CLINICAL PSYCHOLOGY**

**ADULT TRACK** (4 slots) - Jimmy Kim, PsyD

**GEROPSYCHOLOGY TRACK** (6 slots) - Rita Ryan, PhD

**CLINICAL NEUROPSYCHOLOGY TRACK** (5 slots) - Paul Mattis, PhD, ABPP-CN

**CHILD PSYCHOLOGY TRACK** (12-14 slots) - Stephanie Solow, PsyD

**TRAUMA TRACK** (2 slots) - Mayer Bellehsen, PhD

**SUBSTANCE ABUSE TRACK** (1 slot) - Monica Thomas, PhD

**SPECIALIZED AMBULATORY CENTERS EXTERNSHIP TRACKS**

- **Bipolar Track** (1 slot) – Alison Gilbert, PhD
- **OCD Track** (1 slot) – Anthony Pinto, PhD
- **Combined: OCD and Bipolar Track** (3 slots) – Alison Gilbert, PhD & Anthony Pinto, PhD
- **Early Treatment Program (Psychosis) Track** (2 slots) - Kristin Candan, PhD
- **Behavioral Health College Partnership Track** (6 slots) - Candice La Lima, PhD

**OTHER INFORMATION FOR ALL APPLICANTS**
Exterionships in Clinical Psychology

The Predoctoral Externship Program in Clinical Psychology at Long Island Jewish Medical Center has been in existence since the 1970s. The Externship now includes over 40 students in diverse clinical activities. Extern placements are part-time, unfunded positions.

The growth of training opportunities for psychology students has paralleled the growth of psychological services and of the Medical Center. Today, psychologists contribute to many aspects of patient treatment. In addition to direct patient care, psychologists participate in research projects and apply their skills in many settings within the Medical Center and in community agencies affiliated with the Medical Center. Externs often work in consultation and collaboration with staff from other disciplines.

The Professional Setting

Long Island Jewish Medical Center (LIJMC), a member of the North Shore – LIJ Health System, is a voluntary tertiary care, non-profit facility. The three divisions, Long Island Jewish Hospital, The Zucker Hillside Hospital and the Steven and Alexandra Cohen Children's Medical Center, are all situated on a 48 acre landscaped campus in New Hyde Park on the border of Queens and Nassau counties, 15 miles east of Manhattan. The Medical Center and its affiliates serve patients from some of the most diverse ethnic, cultural and economic backgrounds.

Long Island Jewish Hospital provides comprehensive inpatient and outpatient care in all major medical and surgical specialties. It functions as a regional resource for greater Long Island and is in the vanguard of modern medicine in terms of treatment, facilities and research. Long Island Jewish Hospital is a 452-bed tertiary adult care hospital with advanced diagnostic and treatment technology, and modern facilities for medical, surgical, dental and obstetrical care. As a partner in the North Shore LIJ Hofstra University School of Medicine, LIJMC’s graduate medical education program is one of the largest in New York State.

The Zucker Hillside Hospital (ZHH), the psychiatric division of the Medical Center, sponsors psychiatric inpatient, partial/day hospital, and outpatient programs for children, adolescents, adults, and older adults. Psychiatric Emergency facilities at LIJMC are provided by staff from the Zucker Hillside Hospital. Several satellite service programs staffed and administered by The Zucker Hillside Hospital, are located in surrounding communities. In addition, The Zucker Hillside Hospital has a large Research Department well known for its leadership in contemporary clinical research.
Steven and Alexandra Cohen Children's Medical Center (CCMC) is a tertiary hospital committed to comprehensive care of children, from infants to young adults. The hospital has 154 beds arranged in separate units on five floors, as well as a dedicated Emergency Service and surgical facilities. Each unit has its own nursing and social work staffs, as well as playrooms. CCMC provides treatment for every condition from childhood diseases to cancer and epilepsy. There are special services for Lyme Disease, the deaf, food allergies and dentistry among others. CCMC is also a research hospital with ongoing work in such areas as depression, hyperactivity, cancer, eating disorders and congenital malformations. The hospital's Cohen Children’s Medical Center ON CALL Program provides pediatricians for families when their own pediatrician is unavailable.

North Shore University Hospital (NSUH) in Manhasset is a tertiary care facility that is one of the cornerstones of the Health System It was named the nation's top hospital by AARP's Modern Maturity magazine. The hospital has 731 beds and a staff of approximately 2,700 specialist and subspecialist physicians. It offers the most advanced care in all medical specialties, including open-heart surgery, neurosurgery, urology, and maternal-fetal medicine. The hospital also excels in intensive care for medical, surgical, newborn, and pediatric patients.

The Health Sciences Library at the Long Island Jewish Medical Center is an integrated system. All employees of Long Island Jewish Medical Center, attending physicians on staff, students participating in current clinical rotations, and authorized volunteers are eligible for library privileges. The library is open to the public for use of on-site collections and photocopying, or viewing of consumer health videos. Resources include MEDLINE, OVID, PubMed, ACP Medicine & ACS, Federal Register, Surgery, StatRef, Associations and Governmental/Healthcare Sites, MDConsult, Electronic and Print Journals, Books on Cultural Diversity, Consumer Health, Electronic Textbooks, and Health and General Reference.

Northwell Health Neuroscience Institute was established in 2006 and is a multidisciplinary continuum of neuroscience programs that combines medicine, scientific research and technology, clinical programs, surgical techniques and education to advance the diagnosis and treatment of neurological diseases and disorders. The Neuroscience Institute consists of neurospecialists dedicated to providing high-quality, world-class medical and surgical care, while maintaining the highest ethical standards. Including both the Departments of Neurology and Neurosurgery, clinical services are provided throughout the health system, including neuropsychology. The Neuroscience Institute includes the 35-bed program at LIJ and the 25-bed program at NSUH. This includes the Epilepsy Monitoring Units which has eight beds within the NSUH and LIJ, as well as in the 16 bed stroke unit at NSUH.

Transitions of Long Island is a comprehensive neuro-rehabilitation program for individuals with acquired neurologic injuries, including traumatic brain injury, stroke, brain tumor, anoxia, encephalitis, mild head injury and other brain diseases. A program of Northwell Health, Transitions has experience in providing specialized services to individuals with Acquired Brain Injury since 1988.
Our Values Regarding Diversity

The Medical Center provides services to a diverse clientele that mirrors the cultural richness of the New York City metropolitan area. Medical Center clientele are diverse with respect to race, ethnicity, religious faith, sexual orientation, age, disability status, and life experience. We believe that diversity is a rich resource for personal and professional development. We value the diversity of our staff and trainees and believe that their many backgrounds strengthen our Medical Center. The Long Island Jewish Medical Center serves Nassau and Suffolk counties as well as the borough of Queens, which is the most diverse county in the nation, with over 170 languages spoken inside the county.

The North Shore LIJ Health System promotes equal opportunity and non-discrimination and welcomes applications from all qualified students regardless of race, ethnicity, religious faith, sexual orientation, age, or disability status as defined by applicable law. Qualified members of minority groups that have historically been under-represented are especially encouraged to apply and are welcome to indicate minority status in their application materials.

*Please Note: The information below is based on current expectations and is subject to change in the event of changes in programming or staffing.*

Required hours and days, applicant qualifications and application instructions may be different for the various tracks and placements. Please see each section for details.
ADULT EXTERNSHIP TRACK
The Zucker Hillside Hospital

The Adult Externship track takes place in one of the following placements:

- **Acute Care Concentration**
  - **Clinical Focus**
  - **Combined Clinical/Assessment Focus**
- **Health Psychology: Behavioral Health Concentration**
- **Health Psychology: Inpatient Medical Concentration**

The externship is twelve months long and runs from Friday, September 1, 2017 through Friday, August 31, 2018. (Accommodations will be made in the event that an extern will begin an internship before the end of the training year and may involve a temporarily increased workload to offset early termination). Externs are permitted the equivalent of four weeks of vacation (sixty-four hours) during the twelve-month training year; requests for time-off must be cleared with supervisors in advance. Externs will be encouraged to utilize all of their allotted vacation time; however, Externs will not be permitted to take the time off during the last two weeks of their placements in order to provide continuity of care for the patients. A total of two hours per week (i.e., one individual and one group) of supervision is provided for each extern.

**ACUTE CARE Concentration (3 slots total expected for 2017 - 2018):**

Externs in this concentration will center their training on the Acute Care Psychiatry (Adult Inpatient) Service. This service consists of eleven units with a total of 200+ beds where patients are treated for a range of severe psychopathological disorders. There are two separate sub-tracks within the Acute Care Concentration: the **Clinical Focus** (2 slots) and the **Combined Clinical/Assessment** (1 slot).

**Clinical Focus**: Externs would be assigned to work with a licensed psychologist on one of the inpatient units in applying empirically supported treatment approaches for group and individual psychotherapy. The service operates in the context of a multidisciplinary professional team. Externs may also have the opportunity to develop an apprentice relationship with the inpatient psychologist and to participate in team meetings, patient-staff community meetings and individual supervision. In addition, externs may participate in specialized training initiatives (such as the Office of Mental Health’s Preventing and Managing Crisis Situations program) as well as in program evaluation – opportunities which are sometimes only encountered post-internship. The psychology inpatient team at The Zucker Hillside Hospital has been coordinating the expansion of psychosocial approaches and has been involved in training other disciplines and in developing methods of evaluating progress. Aside from the exposure to their licensed supervisors, externs in this concentration may be able to share some clinical and educational experiences with psychology interns and psychology fellows rotating through this setting. In addition, externs are provided with a bi-weekly seminar designed to serve as a vehicle for case discussion as well as didactic clinical presentations by a diverse group of training faculty. **Applicants to the Clinical Focus sub-track should be prepared to devote 16 hours over at least three nonconsecutive days a week in a seven-hour day/five-hour day/four-hour day configuration**
(Monday is a required full day). (For example: Monday 7 hours / Wednesday 5 hours / Thursday 4 hours.)

**Combined Clinical/Assessment Focus:** This extern position is available on the Women’s Behavioral Health Unit (psychiatric issues centric to women including trauma and perinatal mood and anxiety disorders in addition to a wide range of acute illness including psychosis, depression, bipolar disorders, and personality disorders). This track emphasizes the involvement of psychology externs in coordination with an interdisciplinary team to conduct: empirically supported treatment approaches for group and individual psychotherapy, psychodiagnostic assessments, crisis intervention therapies, and expedited discharge to the next level of care. *This position provides a combined clinical and assessment experiences.* In regards to assessment, externs will learn how to perform the SCID I and SCID II interviews with acutely ill inpatients. Externs also have the opportunity to participate in the unit’s DBT track and gain experience with patients diagnosed with personality disorders often engaging in self-injurious behavior. Externs will gain experience in leading a range of psychology group topics including goal setting, mindfulness, CBT, DBT, and women’s issues. Externs will also be asked to administer flexible psychological test batteries which could possibly include the WAIS-IV, MMPI-2, Rorschach, PAI, or RBANS. Externs will be assigned 2-3 psychotherapy cases for 2x-3x/week sessions (depending on the needs of the patient and that patient's length of stay). Externs will participate in patient rounds, team meetings, community meetings, and new patient interviews. Externs will also learn about inpatient treatment planning, rapid stabilization paradigms, discharge planning, and electronic charting. **Applicants to the Combined Clinical/Assessment Focus sub-track should be prepared to devote 16 hours over two nonconsecutive eight-hour days per week or a seven-hour day/five-hour day/four-hour day configuration (Monday is a required full day in either case).** (For example: Monday 8 hours/Thursday 8 hours or Monday 7 hours / Wednesday 5 hours / Thursday 4 hours.)

Seminar/Case Conference (1 hour every other week):

Externs participate in bi-weekly meetings held on Mondays at 3-4 PM. After initially serving as an extended orientation, the seminar meetings offer the opportunity for didactic presentations as well as case conferences. Psychology training faculty members rotate as leaders of these meetings, assuring the externs exposure to a variety of approaches and styles.

Psychological Testing

Psychological testing is *not* currently offered as a routine training experience for psychology externs in the adult track *(except in the Acute Care Concentration: Combined Clinical/Assessment Focus).* However, interested externs may be apprised of testing opportunities as they arise. At times, externs have been paired with interns to work on testing cases. If desired, this voluntary experience may involve additional time beyond the 16 hours per week.

Customized Educational Experiences

While the current configuration of resources allows for the above-described experiences, it has sometimes been possible for externs to negotiate for other activities (such as neuropsychological
testing, structured interviewing, research or work with other populations) to be included in their training. These tailored arrangements would need to be created once the extern has been accepted and with the approval of the externship leader and the relevant supervisors.

HEALTH PSYCHOLOGY: BEHAVIORAL HEALTH CONCENTRATION (1 SLOT EXPECTED):

This clinical training experience provides an advanced extern with experience in the areas of Behavioral Medicine and Clinical Health Psychology. The extern will be a team member of the Behavioral Cardiology Service and the Northwell Division of General Internal Medicine’s primary care practice. Responsibilities will include conducting diagnostic and specialized health assessments, providing individual and group psychotherapy, and participating in the management of chronic medical conditions (e.g. Type 2 diabetes, cardiovascular conditions) through interdisciplinary intervention and case consultation. The extern will participate in a grant-funded program to enhance interprofessional education and training in primary care. Training will focus on consultation and brief treatment competencies essential to providing psychological services in outpatient medical settings. The extern’s responsibilities extend to the inpatient service, which is where the extern will spend a portion of the placement. The Behavioral Cardiology inpatient experience will take place on various cardiac units throughout the hospital including intensive care and post-surgical cardiothoracic. Responsibilities will include conducting behavioral health screens, adherence assessments, and brief cognitive assessments with a focus on facilitating adjustment to illness and supporting behavioral change. The extern will utilize the stages of change model and use motivational interviewing techniques to help patients modify cardiac risk behaviors. Research opportunities will be available and independent research encouraged. This experience involves a commitment of two full business days (for a total of 16 hours per week). Thursday is a required full day.

Externs in this track are encouraged to attend the Monday afternoon seminar for adult track externs (described in the previous section) but if one’s schedule does not permit, attendance is not mandatory.

HEALTH PSYCHOLOGY: INPATIENT MEDICAL CONCENTRATION (1 SLOT EXPECTED):

This is a clinical training experience that will provide experience in the area of clinical health psychology. The extern’s responsibilities will include conducting cognitive screening assessments, providing individual short-term psychotherapy, creating behavior plans for patients exhibiting behaviors that interfere with medical care, and participating in the management of acute medical conditions through interdisciplinary intervention and case consultation. The extern will participate in interdisciplinary daily rounds and consult with medicine, nursing, psychiatry, social work, and case management.

Externs in this placement must be available either for the Monday adult didactic described above or C/L case conference Thursday mornings. A total of 16 hours per week is required.
**To Apply to the Adult Externship Track**

The applicant must be a candidate for the Ph.D. or Psy.D. in a psychology program in clinical, counseling, school, health, or other relevant area of professional psychology, or be enrolled in a qualified re-specialization program. Applicants should have at least one year of prior externship or practicum experience in clinical settings (i.e., for most applicants, they will be in the third or fourth year of graduate school).

To apply, e-mail a copy of:
- a cover letter (please indicate which Concentration you are applying to),
- your resumé or Curriculum Vitae,
- two letters of recommendation from professional or academic sources (Please Note: it is permissible if the letters arrive under separate cover),
- a de-identified sample of your work (a psychological evaluation or case summary),
- a letter from the head of your doctoral training program attesting to your good standing in the program and your readiness for practicum training. Please include your DCT’s email address.
- Please set the subject line of your email to read “Externship Application 2017” to make sure that your application is sorted properly.

Please Note: Please send all requested materials attached in one e-mail. In your cover letter, please indicate which one site is your preference

- Acute Care Concentration [Clinical Focus]
- Acute Care Concentration [Combined Clinical/Assessment Focus]
- Health Psychology: Behavioral Health Concentration
- Health Psychology: Inpatient Medical Concentration

If you would like to be considered for another site, you may indicate that as a second or third choice. Qualified students will be interviewed for their preferred site. In some cases, applicants may be granted interviews for multiple placements.

You may be contacted for an interview by department staff. On interview, bring a copy of your most recent graduate school transcript (a photocopy is acceptable; if accepted into the externship a registrar’s original will be required). In compliance with the guidelines promulgated by the regional psychology doctoral programs and accepted by the Psychology Directors of New York State, please do not send any application materials before January 17, 2017.

Given the high volume of applications that are received, we give priority to those students who submit their applications from the period of Tuesday, January 17th 9am until Friday, January 20th 5pm. After that time, your application may be considered for a second round of interviews for any of our placements that remain unfilled after March 3rd.

E-mail materials to: jkim@northwell.edu
GEROPSYCHOLOGY EXTERNSHIP TRACK
The Zucker Hillside Hospital

The Clinical Geropsychology externship is based in the Division of Geriatric Psychiatry, and includes the Geriatric Outpatient Service and the Geriatric Partial Hospital. (There will be no inpatient experience this coming year.) The extern is part of a multidisciplinary team and gains experience with older adults (62 years of age and older) who have a variety of life problems and psychiatric disorders.

The overall goal of this externship is for externs to extend and refine their clinical skills and work at the complex interface of geropsychology, late life medical problems, and geriatric psychiatry.

Externship training includes:

- performing comprehensive diagnostic interviews of older adults,
- providing individual psychotherapy in the Geriatric Clinic, with the possibility of some couples and/or family work
- providing group psychotherapy in the Geriatric Partial Hospital Program and possibly co-leading group in the Geriatric Clinic

**Geropsychiatry Outpatient Service:** Externs will receive training in one or more of a range of treatment modalities including Psychodynamic, and/or CBT formats. In addition to being trained in intervention approaches that are applicable throughout the life span, virtually anyone in practice will treat a growing percentage of older adults and this placement equips the clinician with the necessary tools for this population. Patients seen at this center predominantly have psychiatric disorders characterized by depression, anxiety and adjustment reactions to life stressors. Patients selected for trainee assignment are those assessed to be excellent therapy candidates. A typical patient might be a community dwelling retired widower dealing with anxiety as well as unresolved grief for the loss of a spouse or an adult child. A much smaller subgroup of clinic patients suffers from psychotic disorder and many are in fairly stable condition; quite a few patients are experiencing their first episode of mental illness. Most of our psychotherapy cases involve cognitively intact older adults. If a student has a particular interest in dementia issues, we may be able to provide ancillary experiences within the Neuwirth Memory Disorders Program. While we do not offer formal neuropsychological testing experience, effort will be made to allow interested students to ‘shadow’ a neuropsychology intern.

**Milieu Placement:** Externs will also be given clinical assignments in the Geropsychiatry Partial Hospital. Each extern will spend the year at the GPH (while continuously carrying cases in the outpatient service). This plan will allow for the development of skills in settings with a range of intensity and will provide a unique window into (and possibly continuity with) patients across the spectrum of care.

**Seminars/Didactics:** There is a weekly geropsychology seminar for geropsychology externs, interns, and geropsychology fellow and a weekly group supervision to discuss group psychotherapy issues.
The Geropsychology Seminar focuses on current issues in Geropsychology including empirically supported treatments (CBT, IPT, and dynamic therapy), working with families, working in multidisciplinary teams, end of life issues, as well as select topics such as sexuality in late life, gift giving, and closure work. There are also many sessions devoted to open case discussions and countertransference issues.

The Group supervision is dedicated to learning the art and skill of conducting group therapy across different settings including

- conducting group screenings and preparing a patient for group therapy,
- handling the monopolizing or the quiet patient,
- contending with the challenging patient,
- dealing with different levels of functioning within a group,
- handling transitions,
- coping with co-leading issues etc.

Geropsychology externs may also attend (allowing for time and interest) the Adult Externship Track General Clinical Topics (every other Monday at 3-4pm)

Schedule and Hours: A minimum of a 2-day per week time commitment is required, one day of which must be Friday, (Friday minimum hours are 8:30am – 2:30p) for a total of 16 hours per week. The clinic is generally open 9-5pm; no evenings required. The externship training year runs from September 1, 2017 through August 31, 2018. At times students have been permitted to begin their training year in the summer period in which case the training year would run from summer 2017 to summer 2018. Some students may welcome additional training months more than the 12 month requirement and these requests will be considered. Externs are permitted the equivalent of up to four weeks of vacation during the 12-month training year, and requests for time off must be cleared with supervisors in advance. Accommodations will be made in the event that an extern will begin an internship before the end of the training year but may involve a temporarily increased workload to offset early termination. Those students applying for July 1 internship may want to consider early summer starts.

Please note that there will be a one-time mandatory training on Aggression Reduction (ideally scheduled early in the year) that runs over two days (Thursday and Friday) which students will be expected to attend even if Thursdays are not their day on site.

Supervision:

- Outpatient Clinic: one hour per week of face-to-face, individual supervision with psychologist
- Assessment/Intake: in-vivo supervision with Geropsychology Fellow followed by consultation with GPH supervising psychologist
- Geropsychiatry Partial Hospital: group supervision with individual meetings as needed with GPH supervising psychologist
(The above terms are not necessarily applied to externs who are accepted to remain for a second year and who may have a more customized experience.)

For Further Information: Please call Rita Ryan, Ph.D., Coordinator of Geropsychology Externship Training at (718/516) 470-8449 or e-mail rryan@northwell.edu.

To Apply to the Geropsychology Externship Track

The applicant must be a candidate for the Ph.D. or Psy.D. in a psychology program in clinical, counseling, school or other relevant area of professional psychology, or be enrolled in a qualified re-specialization program. The applicant should have at least one year of prior externship or practicum experience (i.e., for most applicants, they will be in the third or fourth year of graduate school).

To apply to the Clinical Geropsychology Externship, e-mail

1. a cover letter,
2. a copy of your resume,
3. two letters of recommendation from professional or academic sources
4. a de-identified Case Study (NOT A TEST REPORT)
5. a letter from the head of your doctoral training program attesting to your good standing in the program and your readiness for practicum training. Please include your DCT’s email address

Please set the subject line of your email to read “Externship Application 2017” to make sure that your application is sorted properly.

Please forward these materials no earlier than January 17, 2017.

On interview, bring a copy of your most recent graduate school transcript (photocopy is acceptable; if accepted into the externship a registrar’s original will be required). And in order to facilitate interviewer’s recall at a later date, please bring a picture to the interview.

E-mail Geropsychology track application materials to: Rita Ryan, Ph.D., the Geropsychology Externship Coordinator, at: rryan@northwell.edu
CLINICAL NEUROPSYCHOLOGY EXTERNSHIP TRACK
Northwell Health

The Clinical Neuropsychology externship program within the North Shore-LIJ Health System includes training opportunities at

- **Department of Neurology: Neuroscience Institute (2 programs)**
- **Southside Hospital**

All programs offer supervised clinical training in neuropsychological assessment of patients with actual or suspected cerebral dysfunction, which consists primarily of comprehensive outpatient neuropsychological assessments.

All programs utilize a hypothesis-testing approach to assessment and may use flexible neuropsychological batteries. Externs will participate in all aspects of assessment including interview, exam administration, report writing, and feedback to patients and professionals. These activities are all performed under a high degree of supervision from a licensed psychologist specializing exclusively in neuropsychology. Externs are trained alongside clinical psychology interns specializing in neuropsychology and neuropsychology post doctoral fellows. Trainees may also participate in extensive didactic programs that include weekly neuropsychology and neuroscience seminars and Neurology and Psychiatry Rounds.

**DEPARTMENT OF NEUROLOGY/NEUROSCIENCE INSTITUTE (1 SLOT)**
Supervisor: Sarah Schaffer, Ph.D., ABPP-CN

Within the Department of Neurology externs gain intensive training in neuropsychological assessment of adults with actual or suspected neurological diseases and disorders. Trainees obtain supervised experience of outpatient neuropsychological evaluations of patients referred from the Department of Neurology and other sources. These evaluations can include comprehensive assessments of epilepsy patients from the Department’s Comprehensive Epilepsy Center, such as candidates for epilepsy surgery. Patients with suspected dementia, mild head injury, stroke, neoplasm, infectious diseases, and other neurological disorders are also seen as part of this service. It is also common for referrals to come from affiliated neurosurgeons (e.g., pre-operative and follow up assessments of patients with brain tumor), community neurologists, geriatricians and psychiatrists. Opportunities are available to observe respective neurosurgery in the O.R. and participate in Wada testing and cortical mapping of cerebral functions with electrical stimulation of the brain.

Within this program externs can also work within the Cohen Children’s Medical Center. Here externs gain experience in the neuropsychological assessment of children with developmental, neurological, and medical disorders. The majority of cases come from the Department of Pediatric Neurology and Pediatric Hematology/Oncology. Commonly seen patients include those with epilepsy, leukemia, brain tumors, and traumatic brain injury. Although children with developmental disorder can be seen, this
program focuses on acquired and genetic disorders. Opportunities to participate in morning rounds and journal club within the Cohen Children’s Hospital programs are also available.

**DEPARTMENT OF NEUROLOGY/NEUROSCIENCE INSTITUTE (2 SLOTS)**  
**Supervisor: Paul J. Mattis, Ph.D., ABPP-CN**

Within this program externs gain training in neuropsychological assessment of adults with a variety of neurological diseases including movement disorders, such as Parkinson’s disease, Huntington’s disease, and essential tremor. Trainees consult with neurologist, neurosurgeons, and psychiatrists regarding diagnostic issues such as dementia, acquired brain injury, and stroke. There are also opportunities to evaluate patients’ readiness to undertake genetic testing for the HD gene and the capacity to benefit from functional brain surgery with deep brain stimulator placement. Opportunities to observe deep brain stimulator placement are available.

Within this program, trainees also gain experience in the comprehensive neuropsychological evaluation of children, ages 6-years and older. Pediatric referrals tend to come directly from parents, school districts, pediatricians, and pediatric neurologists. The majority of patients in this program have developmental disorders, such as LD, ADHD, and Autism. However, children with genetic and acquired brain disorders (traumatic brain injury and brain tumors) are also seen regularly.

**SOUTHSIDE HOSPITAL (2 SLOTS)**

**Supervisors: Kristen Demertzis, Ph.D., ABPP-CN; Erica Kaplan, Ph.D.**

Southside Hospital is part of Northwell Health (formerly North Shore-LIJ Health System) and is located in Suffolk County, NY in Bay Shore. Southside Hospital is an ACS-designated level II trauma center, houses a NYS-designated adult brain injury program, holds quintuple CARF accreditation for its inpatient and outpatient rehabilitation programs, and is designated a gold plus award stroke center. The externship at Southside Hospital offers both outpatient and inpatient rotations in neuropsychology. The inpatient rotation will consist of training in both assessment and possibly intervention on a 25-bed comprehensive rehabilitation and brain injury unit. The extern will participate in bedside rounds with physiatry, neuropsychology, and social work; attend multidisciplinary team conferences for case review; observe neurobehavioral rounds led by neuropsychology; and observe rehabilitation therapies with PT/OT/ST. The outpatient rotation will involve training in neuropsychological assessment with adolescent through geriatric cases, with the possibility of seeing psychotherapy cases if the extern is interested in gaining intervention experience. Common populations seen in the outpatient practice include stroke, primary neurodegenerative diseases, TBI, anoxia, brain tumor, etc. Some of these cases will involve collaboration with the multidisciplinary rehabilitation team and presentation of cases in team rounds.

**For Further Information:** Please address questions regarding the neuropsychology externship to Paul Mattis, Ph.D. via e-mail at pmattis@northwell.edu.
To Apply to the Clinical Neuropsychology Externship

The applicant must be a candidate for the Ph.D. or Psy.D. in a psychology program in clinical or other relevant area of professional psychology, or be enrolled in a qualified re-specialization program. Applicant should have at least one year of prior externship or practicum experience, and coursework in assessment.

All neuropsychology externships require a time commitment of at least 2-days (16 hours) per week over a 12 month period. July starts are preferred, in order to coincide with the start of the internship training year, but September starts are acceptable. Externs are permitted the equivalent of four weeks of vacation during the 12-month training year, but requests for time off must be cleared with supervisors in advance. Seminars are held on Tuesday mornings to which externs should plan on attending.

Applications will not be accepted until January 17, 2017 as set forth by PSYDNYS (Psychology Directors of New York State). Interviews are required and will be held after the end of the internship recruitment period.

Application consists of:

1. Cover letter (include externship site applying),
2. Curriculum Vitae,
3. Summary of neuroscience/neuropsychology classes,
4. Writing sample, preferably a de-identified neuropsychological assessment report,
5. Two letters of recommendation
6. A letter from the head of your doctoral training program attesting to your good standing in the program and your readiness for practicum training. Please include your DCT’s email address.
7. Please set the subject line of your email to read “Externship Application 2017” to make sure that your application is sorted properly.

On interview, bring a copy of your most recent graduate school transcript (photocopy is acceptable; if accepted into the externship a registrar’s original will be required).

E-mail materials to: Paul Mattis, Ph.D, Director of Neuropsychology at pmattis@northwell.edu

or mail to:

Paul Mattis, Ph.D., ABPP
Movement Disorders Center
865 Northern Blvd, Suite 201
Great Neck, NY 11021
CHILD PSYCHOLOGY EXTERNSHIP TRACK
The Zucker Hillside Hospital
North Shore University Medical Center
Cohen Children’s Medical Center

Externship placements within the Division of Child and Adolescent Psychiatry provide the opportunity to perform individual, family, and group psychotherapy. The externship training year runs from July 1, 2017 through June 30, 2018. Externs are permitted the equivalent of four weeks of vacation during the 12-month training year, but requests for time off must be cleared with supervisors in advance. A full-time externship typically requires 16-20 hours/week over the course of 2-3 days/week depending on the service. Please see descriptions below for more details about the various sites regarding specific time commitments.

CHILD AND ADOLESCENT EXTERNSHIP PLACEMENT SITES:

- Adolescent Inpatient Program (1 West) (2-3 slots)
- Child Psychiatry Ambulatory Services (3-4 slots)
- Developmental and Behavioral Pediatrics (2 slots)
- Eating Disorders Program (1 slot)
- Franklin K. Lane Student Health Center (2 slots)
- Pediatric Hematology/Oncology and Stem Cell Transplantation (1 slot)
- Recognition and Prevention (RAP) Program (1 slot)

Adolescent Inpatient Program (1 West)
Located in the new Behavioral Health Pavilion of The Zucker Hillside Hospital, the Adolescent Inpatient Program (1 West) is a 21-bed, acute-care psychiatric unit for adolescents ages 12-17. Patients on 1 West receive comprehensive evidence-based treatment for a wide spectrum of psychiatric disorders and complex psychosocial issues. Multi-disciplinary treatment on 1 West includes, but is not limited to, individual, family, and group psychotherapy, medication management, rehabilitation groups, and disposition planning. 1 West staff have been intensively trained by Behavioral Tech in Dialectical Behavior Therapy (DBT) and 1 West offers DBT treatment including individual, family, group, and milieu coaching. As primary therapists, externs follow 1-2 assigned patients from intake through the course of treatment. Treatment provided is short-term individual and family therapy within a Cognitive Behavioral Therapy (CBT) or Dialectical Behavior Therapy (DBT) framework, depending on the adolescent’s presenting symptoms and functioning. Externs also provide case management and coordination of services for assigned cases, and gain strong working knowledge of available services. Externs co-lead two DBT groups, a skill acquisition group and a skill generalization group targeting the 5 adolescent skills modules: mindfulness, distress tolerance, emotion regulation, interpersonal effectiveness, and middle path. Psychology externs are an integral part of the treatment team and participate actively in the therapeutic milieu. These activities include leading morning Community Meeting including Mindfulness activities, assisting in the token economy, creating specialized behavior plans, and serving as a consultant to other unit staff. Externs also participate in diagnostic interviews and multidisciplinary team meetings. Significant experience is gained in risk assessment, implementing
crisis management strategies, utilizing behavioral modification, and collaborating with a variety of professionals who work with adolescents (e.g., child protective services, school staff, juvenile justice, etc). Externs also may conduct psychological evaluations to assist with placement decisions. Externs receive 1 hour each of individual and 1 hour of group supervision per week, as well as supervision on an “as needed” basis given the acute care nature of the unit. Psychology group supervision includes a didactic series on a variety of clinical topics, with emphasis on DBT early in the training year. Due to the acute environment of 1 West, preference will be given to applicants who will be entering their 4th year of graduate training; however, less advanced applicants with significant clinical experience will be considered. Also, externs are expected to be available on the unit for 20 hours/week, spanning three days/week with Friday as a required day.

Child Psychiatry Ambulatory Services
This externship experience involves a primary placement in the Zucker Hillside Hospital Child and Adolescent Outpatient. In the clinic externs will have the opportunity to gain experience in individual, family, and group therapy working with a diverse clinical population. Externs are encouraged to work from an evidenced-based perspective and are frequently invited to participate in relevant training opportunities. Externs will be expected to designate 2-3 of their outpatient cases as specialty Anxiety Clinic cases. Anxiety Clinic cases are those which have been identified as suitable for a structured time-limited CBT intervention. In addition to individual supervision and training in evidence-based CBT for child/adolescent anxiety disorders, externs are invited to attend the weekly Anxiety Clinic team meeting/group supervision. Externs will also co-lead at least 1 child or adolescent evidenced-based skills group. For externs that are permitted to be on site for 20 hours, there is the opportunity for a minor rotation (4 hours) in a higher acuity setting. The goal of the minor rotation would be to provide the extern with an assessment and/or intervention experience in a higher acuity setting that would complement their experience in OPD. Past externs have elected to co-lead DBT groups on the adolescent inpatient unit. Minor rotation assignments may vary based on the extern’s interest and availability. Externs should expect to spend 16-20 hours across two to three days per week on-site; some evening hours are required in order to accommodate the outpatient child/adolescent caseload. Suitable candidates should be entering their third year (or higher) of doctoral training and prior clinical (i.e., psychotherapy) experience is highly preferred.

Developmental and Behavioral Pediatrics
This externship placement offers the opportunity to work with children and adolescents with developmental and behavioral issues in an out-patient setting. Specifically, externs will gain experience in the evaluation and treatment of children and adolescents with ADHD, various anxiety disorders, ODD, LD, and other diagnoses. Additionally, externs will work with parents using parent management/behavior modification techniques. Externs are expected to carry a caseload of 4 to 6 individual or family cases. The division provides evidence-based treatments which draw from a variety of theories and manualized approaches. Externs will become proficient using the tools and techniques which have demonstrated efficacy.

As part of this program, externs will become skilled in the diagnostic interview and will also become familiar with various behavioral rating scales, computerized diagnostic software, and other assessment
tools. Additionally, extensive experience in the administration, writing, and interpretation of psycho-educational assessments will be provided, including assessments of learning disabilities, giftedness, and cognitive indicators of clinical disorders. Externs will participate in all aspects of child and family assessments, including psycho-educational family interventions, test battery construction, and parent feedback sessions. Externs will have the opportunity to gain experience with a wide variety of cognitive, achievement and neuropsychological instruments, as well as becoming familiar with behavioral questionnaires. Exposure to projective testing is also available to externs who demonstrate an interest in this area.

Another component of the externship placement will involve leading weekly CBT skills groups for children/adolescents with ADHD. In the group, children learn skills to manage symptoms, control emotions, enrich coping techniques, develop problem solving skills, improve social interactions, and enhance functioning. Concurrently, parents attend a group where they learn skills to effectively parent children with ADHD symptoms. Externs will become proficient in helping parents and children in these areas. Externs will work with a multidisciplinary team consisting of Psychologists, Pediatricians, Nurse Practitioners, Pediatric Fellows and Residents. Externs may participate in weekly didactics focusing on various topics relating to Developmental and Behavioral Pediatrics. **Externs are expected on-site 16-20 hours/week, across 2 or 3 days/week. Externs MUST be available on Tuesdays evenings.**

**Eating Disorders Program**
This program at Cohen Children's Medical Center provides both inpatient and day hospital services to patients up to age 21 with eating disorders. In this placement, externs serve as primary therapists, following cases from intake throughout their admission, often across both inpatient and day program settings. Responsibilities involve providing diagnostic interviewing, individual and family therapy, and leading weekly skills groups. Treatment is evidence based and externs will receive training in Cognitive Behavioral Therapy-Enhanced (CBT-E), Dialectical Behavior Therapy (DBT), and Family Based Treatment (FBT). Psychology externs are an integral part of the treatment team and participate actively in staff meetings and weekly multi-family meetings. This placement allows for extensive experience in working in a multi-disciplinary, milieu setting, as well as in collaboration with the Adolescent Medicine physicians and nutritionists. **Externs are expected to be on-site 20 hours/week, spanning three days/week.**

**Franklin K. Lane Student Health Center**
The Division of Adolescent Medicine operates a vibrant, interdisciplinary school-based health center at Franklin K. Lane (FKL), a NYC public high school campus located on Jamaica Avenue on the border of Woodhaven, Queens and Cypress Hills, Brooklyn. The FKL Student Health Center's mission is to provide high quality, accessible, comprehensive health care to underserved youth. In this placement, externs will have the opportunity to work with a high-risk adolescent population from a wide range of backgrounds, and provide a full spectrum of services from prevention to intervention and treatment. Externs are an integral part of the mental health treatment team that includes doctoral-level psychology staff, masters-level social work staff, and psychiatric consultation. Extern responsibilities focus on assessment and individual therapy, but also include outreach, health education, prevention and
screening activities, group therapy, and crisis intervention. Graduate students with an interest in evidence-based, cognitive-behavioral therapy are especially encouraged to apply. Collaboration with adolescent medicine specialists, as well as with the extensive school community, is a highlight of this externship experience. Recent interdisciplinary initiatives within the Health Center have addressed trauma, depression, teen pregnancy prevention, reproductive health, asthma, and obesity. As a compliment to the clinical experience, externs are eligible to attend a comprehensive summer seminar series taught by experienced Northwell Psychology faculty at the main hospital campus. Externs are expected to be on-site at FKL two full days per week for 16 hours.

**Pediatric Hematology/Oncology and Stem Cell Transplantation**

This externship placement involves working with the Pediatric Hematology and Oncology population in both inpatient and outpatient settings. It is designed for individuals with an interest in pediatric psychology, health psychology, and/or cancers and blood disorders. Responsibilities include providing individual, group, and family psychotherapy and performing ongoing assessment of the psychological needs of children, adolescents and young adults treated in the division. Opportunities may also be available in the survivorship program in which externs will conduct brief assessments and provide consultation services during an integrated care appointment for individuals who are in remission from their cancer diagnoses. Individual and family psychotherapy with survivorship patients is also available on an outpatient basis. The Extern is part of a multidisciplinary team consisting of Physicians, Social Workers, Nurses, Child Life Specialists, etc. Special opportunities to assist in community awareness programs and talks given to patients’ classmates and school personnel will also be offered. **Externs are expected to be on-site 16-20 hours over the course of 2-3 days with Mondays and Wednesday being mandatory.** Suitable candidates should be entering their third year (or higher) of doctoral training and prior psychotherapy experience is highly preferred.

**Recognition and Prevention (RAP) Program**

The Recognition and Prevention (RAP) Program, established in 1998, is research clinic funded by the National Institute of Mental Health. The RAP Program is dually affiliated with the Child and Adolescent Outpatient Psychiatry Department and the Psychiatry Research Department at Zucker Hillside Hospital. The RAP Program serves adolescents and young adults between the ages of 12 and 25 and their families. Individuals appropriate for evaluation and treatment at the RAP Program are at high-risk for developing serious mental illnesses including psychotic and bipolar disorders. Through ongoing research assessment and clinical interventions, the RAP Program aims to prevent high-risk individuals from deteriorating by decreasing symptom levels and improving functioning. More information about the program can be found on our website: [www.rapprogram.org](http://www.rapprogram.org).

The extern will receive training in clinical and neuropsychological (optional) assessment of patients and healthy control subjects. The clinical assessments utilize semi-structured research interviews and assess for DSM V disorders, prodromal psychosis pathology, and problems with social and role functioning. The extern will become highly proficient in diagnosing psychiatric disorders, identifying cognitive strengths and weaknesses, and report writing. Excellent writing skills are essential. Externs also will have a caseload of 2-3 individual therapy cases and will co-lead a cognitive behavioral social skills group. Some evening hours are required to accommodate the adolescents and their families.
Research opportunities are also available. Appropriate candidates should be advanced doctoral students entering their third or fourth year of training with prior experience working with high-risk patients or the seriously mentally ill. **Externs are expected to be on site 20 hours/week, across 2 or 3 days/week.**

**For Further Information:** Please address questions regarding the child psychology externship program to Stephanie Solow, PsyD via e-mail at ssolow@northwell.edu.

**To Apply to the Child Externship**
Applicants to this track must be enrolled in a Ph.D. or Psy.D. program in clinical, counseling, school, or other relevant area of professional psychology, or in a qualified re-specialization program. Please e-mail a cover letter, letter of readiness from your graduate program indicating that you are in good academic standing to start externship, at least one letter of recommendation addressing your clinical skills working with children/adolescents and families and your CV to Stephanie Solow, PsyD via e-mail at ssolow@northwell.edu. Please try to send all materials attached in one email if possible. **Please set the subject line of your email to read “Externship Application 2017” to make sure that your application is sorted properly.**

In your cover letter, please identify one of the following sites as your top preference:
- Developmental and Behavioral Pediatrics
- Adolescent Inpatient Program (1 West)
- Ambulatory Care
- Eating Disorders Program
- Franklin K. Lane
- Pediatric Psychology
- Recognition and Prevention (RAP) Program

If there is an additional site that you are also strongly interested in and believe you are qualified for, you may choose from the following placements as a secondary choice for consideration:
- Developmental and Behavioral Pediatrics
- Eating Disorders Program
- Franklin K. Lane
- Pediatric Psychology
- Recognition and Prevention (RAP) Program

**Please note that given the large volume of applications to the Adolescent Inpatient Program (1West) and the Ambulatory Care sites, these cannot be selected as a second choice placement (and if selected will be ignored).**

We will begin accepting applications no earlier than January 17th 2017. Given the high volume of applications that are received, we give priority to those students who submit their applications from the period of January 17, 2017 until January 30, 2017. After that time, your application will be considered for a second round of interviews for any of our placements that remain unfilled after the notification date.
SUBSTANCE ABUSE EXTERNSHIP TRACK

DRUG ABUSE EVALUATION HEALTH AND REFERRAL SERVICES (1 slot expected):
The Zucker Hillside Hospital

The extern in this concentration will center his/her training on The Drug Abuse Evaluation Health and Referral Services (DAEHRS) at The Zucker Hillside Hospital. This service consists of providing personalized treatment in a comprehensive outpatient treatment program to community members whose lives have been impacted by alcohol and drug abuse problems. Clients and their families receive treatment from an experienced, caring, multidisciplinary team consisting of psychiatrists, psychologists, and social workers. This is a unique opportunity for an advanced extern, who would like to learn more about treating individuals who have a dependence or abuse condition, along with a co-existing psychiatric concern.

The extern will be provided with an individual psychotherapy case-load with the utilization of various treatment modalities, including Motivational Interviewing, Dialectical Behavior Therapy (DBT), Cognitive Therapy, Psychodynamic Therapy, and Mindfulness therapies. The extern will co-facilitate a DBT group and one other process group with a licensed clinical psychologist. The extern will also administer a weekly intake and at least one psychological testing case for the year. The extern will also have an opportunity to provide treatment to significant others experiencing adverse effects of a close relationship with an individual who has a substance dependence or abuse condition to the extent that this relationship interferes with the ability to function normally.

Externs should expect to spend 16 hours across two days per week on-site; one evening is required (i.e. Tuesday’s 1-9pm). Suitable candidates should be entering their third year (or higher) of doctoral training and prior clinical (i.e., psychotherapy) experience is highly preferred. One extern slot is expected for 2017-2018.

To apply, please email Dr. Monica Thomas, (mthomas41@northwell.edu) with:
- a cover letter,
- resume,
- two letters of recommendation,
- a de-identified Case Study, and
- a letter from the head of your doctoral training program attesting to your good standing in the program and your readiness for practicum training. Please include your DCT’s email address.

Please set the subject line of your email to read “Externship Application 2017” to make sure that your application is sorted properly.

Please forward these materials no earlier than January 17, 2017.
On interview, bring a copy of your most recent graduate school transcript (photocopy is acceptable; if accepted into the externship a registrar’s original will be required).

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**TRAUMA PSYCHOLOGY EXTERNSHIP TRACK**
The Zucker Hillside Hospital, Feinberg Division of the Unified Behavioral Health Center

Reflecting long-standing expertise and involvement in clinical, research and training activities regarding trauma, this placement offers 12 month externship opportunities in our trauma treatment programs, which serve children, families, adults and couples. Currently, externs have opportunities to work with the following trauma-oriented program:

**The Feinberg Division of the Unified Behavioral Health Center**
Located in Bay Shore, the Feinberg Division is a first-of-its kind clinic in the country. It is a partnership between the Northwell Health and the Northport VA Medical Center to collaboratively evaluate and treat veterans and their family members.

The Trauma Psychiatry externship allows students to provide treatment for adults, children, and families with a strong emphasis on comprehensive clinical assessments as well as learning and applying evidence-based trauma treatment models. Externs can expect training opportunities in evidence-based modalities such as Cognitive Processing Therapy (CPT), Prolonged Exposure (PE), and Trauma-Focused Cognitive Behavioral Therapy (TF-CBT). There will also be weekly didactic trainings focused on trauma treatment and clinical work with our populations. Additionally, there are opportunities to be involved in research as well as delivering community oriented psycho-education programs. This is a 12 month externship with start and end dates of September 5, 2017 and August 31, 2018 respectively. **Externs are expected on-site 16-20 hours/week, across 2-3 days/week. Tuesdays are a preferred on site day.**

**For Further Information:** Please call Mayer Bellehsen, PhD at 631-647-2530 or e-mail mbellehsen@northwell.edu.

**To Apply to the Trauma Psychology Externship**

The applicant must be a candidate for the Ph.D. or Psy.D. in a psychology program in clinical, counseling, school or other relevant area of professional psychology, or be enrolled in a qualified respecialization program. The applicant should have at least one year of prior externship or practicum experience (i.e., for most applicants, they will be in the third or fourth year of graduate school).

To apply to the Trauma Psychology Externship, e-mail

1. a cover letter,
2. a copy of your resume,
3. two letters of recommendation from professional or academic sources
4. a de-identified Case Study (NOT a test report)
5. a letter from the head of your doctoral training program attesting to your good standing in the program and your readiness for practicum training. Please include your DCT's email address

Please set the subject line of your email to read “Externship Application 2017” to make sure that your application is sorted properly.

Please forward these materials no earlier than January 17, 2017.
On interview, bring a copy of your most recent graduate school transcript (photocopy is acceptable; if accepted into the externship a registrar’s original will be required).

To Apply: E-mail Trauma Psychology track application materials to mbellehsen@northwell.edu
SPECIALIZED AMBULATORY CENTERS EXTERNALSHIP TRACKS
The Zucker Hillside Hospital

The Department of Psychiatry recently developed a specialized Ambulatory Centers initiative, the goal of which is the establishment of diagnosis-specific centers of specialization oriented towards structured diagnostic interviews, evidence-based psychotherapy and pharmacotherapy, metric-based outcomes measurement, patient/family psycho-education, and a research interface. The specialized Ambulatory Centers is offering 5 distinct externship tracks. These include externship opportunities in the following tracks:

- Bipolar Disorder Track
- Obsessive Compulsive Disorder Track
- Combined OCD/Bipolar Disorder Track
- Early-Phase Psychosis Track
- Behavioral Health College Partnership Track

The externs will be part of a multidisciplinary team performing the following specific duties within each specific track:

- comprehensive diagnostic interviews
- individual psychotherapy
- group psychotherapy
- administering reliable and valid rating scales to monitor clinical outcomes
- psycho-education

The Centers Externship Tracks provide externs with additional training during a weekly one hour didactic session that incorporates a review of pharmacotherapy, safety assessment, and evidence based approaches. During this time externs will also have the opportunity to present peer reviewed journal articles and conduct case conferences. The Centers Externship Tracks take a collaborative approach through weekly treatment team meetings with relevant staff members including staff physicians.

Opportunities are also available for students to participate in ongoing research. The principal goal of this externship is for externs to refine their clinical skills through work in evidence-based treatment in a multidisciplinary, academic, hospital-based setting.
THE BIPOLAR DISORDER EXTERNSHIP TRACK
Specialized Ambulatory Centers

The Bipolar Track of the specialized Ambulatory Centers utilizes the latest interventions with patients meeting criteria for primary diagnosis Bipolar Disorder. Externs will be trained and supervised in the evidence-based psychotherapy modality of Cognitive Behavioral Therapy and Interpersonal Social Rhythm Therapy (IPSRT). The extern responsibilities include conducting diagnostic interviews, providing individual therapy and co-leading group therapy for this population and their family members.

Requirements: A minimum of two days per week time commitment is required (Tuesdays afternoon/evening, Wednesdays, and/or Thursday 9-1pm) for a total of 16 hours per week. One extern slot is expected for 2017-2018.

Applicant Eligibility

The applicant must be a candidate for the Ph.D. or Psy.D. in a psychology program in clinical, counseling, school or other relevant area of professional psychology, or be enrolled in a qualified re-specialization program. The applicant should have at least one year of prior externship or practicum experience (i.e., for most applicants, they will be in the third or fourth year of graduate school).

To apply to the Centers Bipolar Externship Track, e-mail the following to Dr. Alison Gilbert (agilbert2@northwell.edu)

1. a cover letter,
2. a copy of your resume,
3. two letters of recommendation from professional or academic sources
4. a de-identified Case Study (NOT a test report)
5. a letter from the head of your doctoral training program attesting to your good standing in the program and your readiness for practicum training. Please include your DCT’s email address.

Please set the subject line of your email to read “Externship Application 2017” to make sure that your application is sorted properly.

Please forward these materials no earlier than 9am Tuesday, January 17, 2017.
The OCD Externship Track
Specialized Ambulatory Centers

The OCD Track of the Specialized Ambulatory Centers utilizes the latest interventions with patients meeting criteria for a primary diagnosis of Obsessive Compulsive Disorder and/or related conditions (including Body Dysmorphic Disorder and Obsessive Compulsive Personality Disorder). Externs will be trained and supervised in the evidence-based psychotherapy modality of Exposure and Response Prevention (EX/RP). The extern responsibilities include conducting diagnostic interviews, providing individual therapy, and co-leading group therapy for this population. Individual and group supervision are provided by experts in OCD. Externs participate in weekly didactics covering issues related to treatment and professional development.

Requirements: A minimum of a two days per week time commitment is required (Tuesday afternoon/evening plus Thursday or Friday) for a total of 16 hours per week. One extern slot is expected for 2017-2018.

To Apply to the Centers OCD Externship Track

The applicant must be a candidate for the Ph.D. or Psy.D. in a psychology program in clinical, counseling, school or other relevant area of professional psychology, or be enrolled in a qualified re-specialization program. The applicant should have at least one year of prior externship or practicum experience (i.e., for most applicants, they will be in the third or fourth year of graduate school).

To apply to the Centers OCD Externship Track, e-mail Dr. Anthony Pinto (apinto1@northwell.edu)

1. a cover letter,
2. resume,
3. two letters of recommendation from professional or academic sources
4. a de-identified Case Study (NOT a test report)
5. a letter from the head of your doctoral training program attesting to your good standing in the program and your readiness for practicum training. Please include your DCT's email address.

Please set the subject line of your email to read “Externship Application 2017” to make sure that your application is sorted properly. Please forward these materials no earlier than January 17, 2017.
COMBINED OCD/BIPOLAR EXTERNSHIP TRACK
Specialized Ambulatory Centers

The OCD and Bipolar Centers offer the option of a combined track in which externs will be trained to apply evidence-based approaches for the treatment of OCD and Bipolar Disorder. This track affords externs the opportunity to gain experience working across both Centers and treatment teams.

Requirements: A minimum of a two days per week time commitment is required (Tuesdays afternoon/evening plus Thursday or Friday) for a total of 16 hours per week. Three extern slots are expected for 2017-2018.

To Apply to the Centers Combined OCD/Bipolar Externship Track

The applicant must be a candidate for the Ph.D. or Psy.D. in a psychology program in clinical, counseling, school or other relevant area of professional psychology, or be enrolled in a qualified re-specialization program. The applicant should have at least one year of prior externship or practicum experience (i.e., for most applicants, they will be in the third or fourth year of graduate school).

To apply to the Centers Combined OCD/Bipolar Externship Track, e-mail Dr. Alison Gilbert (agilbert2@northwell.edu) and Dr. Anthony Pinto (apinto1@northwell.edu):

1. a cover letter,
2. a copy of your resume,
3. two letters of recommendation from professional or academic sources
4. a de-identified Case Study (NOT a test report)
5. a letter from the head of your doctoral training program attesting to your good standing in the program and your readiness for practicum training. Please include your DCT’s email address.

Please set the subject line of your email to read “Externship Application 2017” to make sure that your application is sorted properly.

Please forward these materials no earlier than January 17, 2017.
THE EARLY TREATMENT PROGRAM (PSYCHOSIS) EXTERNSHIP TRACK
Specialized Ambulatory Centers

The Early Treatment Program Psychosis Track of the specialized Ambulatory Center’s Concentration utilizes the latest research to employ state of the art interventions for young adults who have recently become ill with a psychotic illness. Externs work as a part of our large and multi-disciplinary team implementing a recovery oriented approach to treatment.

The Early Treatment Program offers training within two externship concentrations:

Psychotherapy Concentration: The extern’s primary responsibilities include providing individual therapy and co-leading group therapy for this population and their family members. The extern will also gain experience implementing a cognitive remediation program. Opportunities for conducting diagnostic interviews and neuropsychological evaluations may also be available.

Assessment Concentration: The primary experience in the assessment track entails diagnostic, psychological, and neuropsychological evaluation. Specific duties include conducting psychiatric intake interviews to people entering the Early Treatment Program as well as conducting neuropsychological assessments with clients with a more varied psychiatric and/or medical presentation. The extern in this track will also provide individual psychotherapy to a small caseload of people with early phase psychosis.

Requirements: A minimum of two days per week time commitment is required, for a total of 16 hours per week. The extern in the psychotherapy track should be available on Tuesday evenings and Wednesday late afternoons. The assessment track extern should be available Wednesdays and Thursdays.

To Apply to the Early Treatment Program Psychosis Track

The applicant must be a candidate for the Ph.D. or Psy.D. in a psychology program in clinical, counseling, school or other relevant area of professional psychology, or be enrolled in a qualified re-specialization program. The applicant should have at least one year of prior externship or practicum experience (i.e., for most applicants, they will be in the third or fourth year of graduate school).

To apply to the Centers Early Phase Externship Track, e-mail Dr. Kristin Candan (kcandan@northwell.edu)
1. a cover letter, indicating the desired track,
2. a copy of your resume,
3. two letters of recommendation from professional or academic sources
4. for the Psychotherapy Concentration: a de-identified Case Study - NOT a test report
5. for the Assessment Concentration: a de-identified psychological evaluation or testing report
6. a letter from the head of your doctoral training program attesting to your good standing in the program and your readiness for practicum training. Please include your DCT’s email address

Please set the subject line of your email to read “Externship Application 2017” to make sure that your application is sorted properly.

Please forward these materials no earlier than January 17, 2017.

THE BEHAVIORAL HEALTH COLLEGE PARTNERSHIP EXTERNSHIP TRACK
Specialized Ambulatory Centers

The Behavioral Health College Partnership Track offers opportunities to work with undergraduate and graduate students. Extern responsibilities include conducting diagnostic interviews, providing individual therapy and co-leading group therapy for this population and their family members.

Cognitive Behavioral Therapy (CBT) Concentration (4 Slots): The externs in the CBT concentration will treat college students in both the inpatient and outpatient setting. CBT externs will be trained and supervised in Cognitive Behavior Therapy in treating this population. Four CBT extern slots are expected for 2017 – 2018.

Dialectical Behavior Therapy (DBT) Concentration (2 slots): The externs in the DBT concentration will treat college students in the outpatient setting. DBT externs will be trained and supervised in Dialectical Behavior Therapy and will be members of a formal DBT team. Two DBT extern slots are expected for 2017 – 2018.

Requirements: A minimum of two days per week time commitment is required (Tuesdays and Fridays) for a total of 16 hours per week.

To Apply to the Specialized Ambulatory Centers Externship

The applicant must be a candidate for the Ph.D. or Psy.D. in a psychology program in clinical, counseling, school or other relevant area of professional psychology, or be enrolled in a qualified re-
specialization program. The applicant should have at least one year of prior externship or practicum experience (i.e., for most applicants, they will be in the third or fourth year of graduate school).

To apply to the Centers Behavioral Health College Partnership Tracks, e-mail Dr. Candice La Lima (clalima@northwell.edu)

1. cover letter,
2. a copy of your resume,
3. two letters of recommendation from professional or academic sources
4. a de-identified Case Study (NOT a test report)
5. a letter from the head of your doctoral training program attesting to your good standing in the program and your readiness for practicum training. Please include your DCT's email address

Please set the subject line of your email to read “Externship Application 2017 CBT Concentration” or “Externship Application 2017 DBT Concentration” to make sure that your application is sorted properly.

Please forward these materials no earlier than Tuesday January 17, 2017.
OTHER INFORMATION FOR ALL APPLICANTS

- An educational affiliation agreement is required between the graduate school of all externs and Long Island Jewish Medical Center/The Zucker Hillside Hospital. Please be aware that we will not consider applicants from graduate programs that do not have current affiliation agreements with the Zucker Hillside Hospital. Applicants are urged to check with their DCTs as to whether their graduate programs have existing agreements with the hospital.

- Supervision and training at Zucker Hillside Hospital psychology externship sites aspire to the Guidelines on Practicum Experience for Licensure proposed by the Association of State and Provincial Psychology Boards. Programs requesting individualized educational plans will be directed to the elements of these guidelines.

- The Zucker Hillside Hospital intends to comply with the guidelines promulgated by the regional psychology doctoral programs and accepted by the Psychology Directors of New York State (PSYDNYS). As such, applications to all externship tracks will not be accepted before January 17, 2017. For further detail of the application/notification guidelines please see http://psychpracticum.fdu.edu/index.php/Externship_Guidelines or consult your graduate training director.

- All externship tracks described in this brochure (i.e., Adult, Geropsychology, Child Psychology, Neuropsychology, Trauma, Bipolar, OCD, Early Phase, College, Substance Abuse) are subsumed under one program. Students who apply to multiple tracks should be prepared to indicate their track preference via email to the coordinator of their preferred track after they are interviewed and no later than one week prior to the offer date.

- Externship applicants who are also applying for internship in 2017 will be considered.

- Externship Coordinators will make every effort to update the Externship Wiki Site to reflect the status of open and filled slots during the recruitment period.

- Externs may be required to make themselves available for orientation activities prior to the externship start date. All externs will also be required to complete a brief online orientation to work at the NSLIJ Health System prior to starting. In addition, workshops on the use of the electronic medical record will be scheduled as part of the orientation process. Please note that there will be a one-time mandatory training on Prevention and Management of Crisis Situations (ideally scheduled early in the year) that runs over two days (Thursday and Friday) which students will be expected to attend even if they generally are not on site on Thursdays.

- All externship offers are contingent on: a current Education Affiliation Agreement between the hospital and the applicant’s graduate program; clearance from the New York State Child Abuse Registry prior to starting the externship (even if clearance was already received at another site); and the fulfillment of administrative and orientation requirements.
Supervisors and training leaders in all tracks will communicate as necessary with designated university graduate program staff for discussion of the externs’ progress and needs and for evaluative purposes. Acceptance of an offer for externship training requires (and presumes) consent to share such evaluative information with designated university staff.

Vacation time must be cleared with relevant supervisors. Supervisors may approve externs’ requests to swap unscheduled work time for requested vacation.

Universities are required to maintain students’ health related information as stipulated in the affiliation agreement with the Medical Center and may be asked to make that information available to the Medical Center. Applicants and their graduate programs should refer to their respective contracts for details about their responsibilities regarding malpractice insurance and indemnification of liability.