Predoctoral Internship in Clinical Psychology

July 1, 2017 - June 30, 2018

Long Island Jewish Medical Center - The Zucker Hillside Hospital
Division of Psychological Services

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The Predoctoral Internship Program in Clinical Psychology at Long Island Jewish Medical Center - the Zucker Hillside Hospital resides in a major medical center that is part of a larger health care system and which provides both medical and psychiatric services to patients across the life span. This professional environment affords a unique opportunity to build competencies in clinical psychology through training in many different clinical settings with various treatment and assessment modalities. The training program facilitates professional development in a collegial and multidisciplinary environment that values the diversity of backgrounds of our staff, trainees, patients, and larger community.

Program Aims and Competencies: The internship program aims to develop competencies in the following areas of Health Service Psychology:

Profession-Wide
- Professional conduct, ethics, and legal matters;
- Individual and cultural diversity;
- Theories and methods of psychological diagnosis and assessment;
- Theories and methods of effective psychotherapeutic intervention;
- Scholarly inquiry and application of current scientific knowledge to practice;
- Professional consultation;

Program-Specific
- Theories of supervision;
- Clinical Neuropsychology (track specific – Clinical Neuropsychology);
- The principles of Clinical Child Psychology (track specific- Clinical Child)
The three internship tracks may vary in the proportional emphasis placed on each of these competency areas. The internship is a 12-month long program; interns will receive attestation of their experience only after successful completion of the full 12-month program.

The Clinical Neuropsychology track of the Internship is designed to adhere to guidelines recommended by the Houston Conference on Specialty Education and Training in Neuropsychology (1998). The Clinical Child Psychology track of the Internship is designed to adhere to the published guidelines and recommendation for training in Clinical Child Psychology as articulated by the APA Division 53’s Board of Directors.

**Mission of the Health System:** Northwell Health strives to improve the health of the communities it serves and is committed to providing the highest quality clinical care; educating the current and future generations of health care professionals; searching for new advances in medicine through the conduct of bio-medical research; promoting health education; and caring for the entire community regardless of the ability to pay. Northwell Health aims to be a national health care leader, committed to excellence, compassion and improving the health of the community; to become the leader in providing quality health care which can be defined and measured; to improve the human condition by advancing disease-oriented, basic scientific and clinical research; to provide an exceptional learning environment; to act as a system and be recognized as the provider of choice which is operationally efficient and financially successful; to provide an environment in which patients, their families, and physicians are highly satisfied with the services provided through Northwell Health; to become the employer of choice through the development and support of a competent, motivated and productive workforce; to become an indispensable community asset by responding to identified health needs through education, advocacy, partnerships and programs which result in improved access to care and health outcomes; and to become the preferred hospital partner for physicians practicing in the service area."

The Internship program began in 1966 with one half-time intern and in 2017-18 is expected to consist of a complement of 11 full-time interns in three clinical tracks: Six in the Adult Psychology Track, two in the Clinical Child Psychology Track, and three in the Clinical Neuropsychology Track. The program provides a core of clinical and didactic experiences emphasizing those skills and knowledge relevant to all clinical psychologists. The specialized tracks offer additional experiences in their respective areas. This integration of general and specialized training is a particular strength of the Internship.
THE PROFESSIONAL SETTING

**Northwell Health** The Zucker Hillside Hospital, Cohen Children’s Medical Center, and the Long Island Jewish Medical Center are located on the Long Island Jewish Medical Center Campus. These hospitals as well as North Shore University Hospital at Manhasset are part of the larger Northwell Health. The nation’s third largest, non-profit, secular healthcare system, Northwell Health cares for people of all ages throughout Long Island, Queens, Manhattan and Staten Island – a service area encompassing more than seven million people. The nation’s 14th-largest healthcare system, Northwell Health delivers world-class clinical care throughout the New York metropolitan area, pioneering research at The Feinstein Institute for Medical Research and a visionary approach to medical education highlighted by the Hofstra Northwell School of Medicine. Northwell Health cares for people at every stage of life at 19 hospitals and more than 400 outpatient ambulatory and physician practices throughout the region’s owned hospitals and long-term care facilities house more than 6,400 beds, employ more than 11,000 nurses and have affiliations with more than 10,000 physicians. With a workforce of more than 54,000, Northwell Health is the largest private employer in New York State.

**Long Island Jewish Medical Center (LIJMC):** Long Island Jewish Medical Center offers world-class cardiology, cardiac surgery, thoracic surgery, orthopedics, head and neck oncology, urology, gynecology and vascular programs. Our 48-acre campus features three major facilities:

- Long Island Jewish Hospital
- Cohen Children’s Medical Center
- Zucker Hillside Hospital

Long Island Jewish Hospital is a 524-bed, not-for-profit teaching hospital serving the greater metropolitan New York area. Patients come first in everything we do. Our primary focus is on the complete care of the patient, with a healing environment, compassionate hospitality and a collaborative team approach to ensure the best outcomes for our patients. In our advanced facilities for medical, surgical, dental and obstetrical care, our expert staff uses some of the most advanced diagnostic and treatment technologies available today. Among the Center’s major facilities are the:

- Zuckerberg Pavilion
- Katz Women’s Hospital
- Sandra Atlas Bass Cardiology Center and Harris Chasanoff Heart Institute
Functioning as a regional medical resource, the hospital provides: (1) State-of-the-art facilities for adult medical and surgical care, coronary and emergency care including the Heart Institute and the Institute of Oncology, (2) Advanced equipment for diagnosis and treatment including Magnetic Resonance Imaging (MRI), Computerized Tomography (CT) and Radiography, linear accelerators, nuclear scanning, fiber-optic technology, microsurgery and laser surgery, (3) A broad range of government and philanthropy supported research programs in psychiatric illness, heart disease, cancer, arthritis and blood dyscrasias, (4) Approved regional centers for treatment of cystic fibrosis, hemophilia, muscular dystrophy, and epilepsy, (5) Inpatient, outpatient and community based renal dialysis services, and (6) A fully integrated psychiatric consultation-liaison service.

North Shore University Hospital (NSUH) North Shore University Hospital is one of the cornerstones of Northwell Health, providing the full spectrum of clinical health care services for patients of all ages. It offers a wide range of specialty and subspecialty residency programs, postgraduate training programs and clinical fellowships for research and education.

- 806-bed teaching hospital on the 58-acre Sandra Atlas Bass Campus
- Academically affiliated with the Hofstra Northwell School of Medicine
- Employs more than 6,000 highly trained physicians, nurses and other medical staff

North Shore University Hospital provides leading-edge care in all medical specialties, including open-heart surgery, neurosurgery, orthopedic surgery, urology and maternal-fetal medicine. We continue to meet the needs of our community through exceptional primary health care while offering specialty programs such as the Katz Women’s Hospitals (one of two), for comprehensive, compassionate and superior care for women’s health issues. North Shore University Hospital also includes the Comprehensive Wound Healing Center, focused on chronic wound care, the first and only kidney transplant center in Nassau and Queens Counties and the Center for Human Reproduction.

The Emergency Department at North Shore University Hospital is a New York State Designated Regional "Level One" Trauma Center. It offers the highest level of care to the most critically injured patients in the area. The physicians and nurses of the ED care
for more than 90,000 patients per year and are available 24 hours a day, 7 days a week.

Units at NSUH in which internship rotations take place within the Long Island Jewish - Zucker Hillside Hospital internship are described below in the relevant track rotation.

**The Zucker Hillside Hospital (ZHH)** Zucker Hillside Hospital is Northwell Health’s nationally recognized behavioral health center known for its pioneering clinical, teaching and research programs. Zucker Hillside Hospital opened in 1927 with 40 beds. Today, the facility operates 221 inpatient beds and delivers approximately 250,000 outpatient visits. Its psychiatric inpatient service includes general adult units as well as specialized units for adolescents, college students, the elderly, and women. Day and Partial Hospital psychiatric programs are available for adults and the elderly. The Ambulatory Care Center includes a general psychiatric outpatient clinic and specialty programs in Dialectical Behavior Therapy, Affective Disorders, Phobic and Anxiety Disorders, Geriatric Psychiatry, Obsessive Compulsive Disorder, Perinatal Psychiatric Disorders, Bipolar Disorder and an Urgicenter. The Division of Child and Adolescent Psychiatry has a large ambulatory service that includes traditional outpatient psychiatric services and a specialty track providing cognitive behavioral treatment of child anxiety and related disorders (e.g., OCD, Tourette’s, Trichotillomania). The Zucker Hillside Hospital also has established an extensive network of community-based mental health and substance abuse programs serving adults and adolescents. The hospital recently opened a new, 116-bed, $120 million inpatient pavilion. This state-of-the-art, 130,000-square-foot facility houses six specialized units that discretely treat young adults and college students suffering from early phase psychosis and other serious conditions, including suicidal impulses and substance abuse; patients with major depression and bipolar disorder; women with gender-specific needs; adolescents with mood and severe behavior problems; and geriatric patients with later-life depression, psychiatric expression of physical illness and overwhelming behavioral disturbances that complicate Alzheimer’s disease and related dementias. Clinical rotations are available in some of these programs. The hospital is networked to support a computerized behavioral health information system and clinical record allowing clinicians to easily share important patient data, facilitate access to the Internet and reduce the burden of medical record documentation requirements. Zucker Hospital was included in the *U.S. News & World Report Best Hospitals 2013-2014* and is a National Institute for Mental Health designated *Clinical Research Center for Study of Schizophrenia*.

**Cohen Children’s Medical Center (CCMC)** is a 154-bed pediatric facility that was opened in 1983 as a resource for the care of acutely and chronically ill children. There is
an active Consultation-Liaison Service and a specialized Eating Disorders Program. There is also a strong psychology presence in the Department of Pediatrics (i.e., Hematology/Oncology and HIV services).

**Northwell Neuroscience Institute**

The Northwell Neuroscience Institute at North Shore University Hospital is a premier provider of neurosurgical and neurological services in the region, offering world-class, compassionate patient care while contributing to advances in our field. With one of the largest programs for treatment of brain aneurysms and complex vascular disorders in the country, our neurosurgeons are leaders in endoscopic pituitary and skull base surgeries.

The Neuroscience Institute offers the expertise that allows for a collaborative approach to treating the entire spectrum of neurological disorders, including:

- Benign and malignant brain tumors
- Brain aneurysms
- Stroke
- AVMs and other neurovascular conditions
- Spinal disorders
- Traumatic brain injury
- Movement and seizure disorders
- Headaches
- Neuromuscular conditions
- Alzheimer’s disease and other memory disorders

North Shore University Hospital has been awarded the Certificate of Distinction as a Primary Care Stroke Center by the Joint Commission for its outstanding program, which signifies compliance with the highest national standards for safety and quality care.

Northwell Health’s Neuroscience Institute was established in 2006 and is a multidisciplinary continuum of neuroscience programs that combines medicine, scientific research and technology, clinical programs, surgical techniques and education to advance the diagnosis and treatment of neurological diseases and disorders. The Neuroscience Institute’s team of neurospecialists is dedicated to providing high-quality, world-class medical and surgical care, while maintaining the highest ethical standards. Including both the Departments of Neurology and Neurosurgery, clinical services are provided throughout the health system, including neuropsychology. The Neuroscience Institute has 44 neurology beds, which includes 4 dedicated to the Epilepsy Monitoring Unit and 6 to the Stroke Unit. There are also 16 Neurological ICU beds.
Transitions of Long Island (TLI) is a comprehensive neuro-rehabilitation program for individuals with acquired neurologic injuries, including traumatic brain injury, stroke, brain tumor, anoxia, encephalitis, mild head injury and other brain diseases. Founded in 1988, Transitions offers compassionate and expert outpatient rehabilitation to help people recovering from a neurological injury or illness. An experienced team of professionals can help this challenge, improve cognitive, emotional, communication and physical abilities and return a sense of normalcy to life.

Multidisciplinary teams may include physical therapists, occupational therapists and speech-language pathologists, in addition to neuropsychologists. Physiatrists, neurologists and pain management specialists are accessible onsite if their services are needed.

Psychology at Long Island Jewish Medical Center and North Shore University Hospital/Manhasset The role of psychology and the expansion of training opportunities for psychologists have paralleled the growth of mental health services. With the integration of psychiatric and psychological services based at NSUH into those at the Long Island Jewish Medical Center under the aegis of The Department of Psychiatry, programs and staff based at NSUH became part of the internship in clinical psychology at Long Island Jewish Medical Center, The Zucker Hillside Hospital as of July 2007. Combined, over 30 psychologists based at The Zucker Hillside Hospital and NSUH contribute to every aspect of patient treatment. Psychologists direct programs, provide patient care, supervise, teach, conduct research and consult in varied community settings. Psychologists typically work in consultation and collaboration with other professionals. In addition to our Internship in Clinical Psychology, there are APA-accredited post-doctoral clinical fellowships that include positions in Clinical Child Psychology and in Clinical Psychology with an emphasis in Geropsychology. Also, there are over 40 psychology externs.

Research The Feinstein Institute for Medical Research is the research branch of Northwell Health. Biomedical research has been a vital aspect of its two academic medical centers – North Shore University Hospital and Long Island Jewish Medical Center – since their establishment in the early 1950’s. Through its connection to the hospital system, the Institute bridges the gap between biomedical research and patient care. The Institute is composed of more than 1,500 clinicians, scientists and staff who work in laboratories and clinical research programs in collaboration with clinicians and
patients throughout the many facilities of Northwell Health. Every year, more than 15,000 patients and volunteers participate in over 2,000 research studies.

**Research at The Zucker Hillside Hospital** The internationally recognized research program at The Zucker Hillside Hospital attracts trainees and visiting scientists from the U.S. and abroad. The hospital’s inpatient, day hospital and outpatient facilities serve as sites for research investigation. Investigators and research staff are housed in a dedicated research facility and subsumed under the Feinstein Institute for Medical Research. Comprehensive research facilities may be used by interns if applicable to their placements as time permits. The National Institute for Mental Health (NIMH) funds the Zucker Hillside Hospital’s Intervention Research Center for the Study of Schizophrenia. The Center is only one of two such resources in the country and provides support for a number of NIMH funded studies of treatment in schizophrenia. Additionally, the National Institute of Mental Health, the National Institutes of Health and the American Recovery and Reinvestment Act have directed $40 million funding for a study called RAISE (Recovery After an Initial Schizophrenia Episode), a large-scale, research project that seeks to fundamentally change the way schizophrenia is treated by developing and testing innovative and coordinated intervention approaches in the early stages of the illness. The study - of which about $25 million is earmarked for scientists at The Zucker Hillside Hospital campus of The Feinstein Institute for Medical Research involves two independent teams of researchers, one being led by Zucker Hillside/Feinstein scientists and another at Columbia University’s New York State Psychiatric Institute. Research is also conducted in bipolar disorder, depression, dementia, childhood behavioral disorders, epilepsy, and anxiety disorders. These studies are funded by the federal government, foundations, and the pharmaceutical industry. Psychologists play a prominent role in many of these studies.

**The Health Sciences Library at the Long Island Jewish Medical Center** is an integrated system that includes physical and electronic libraries the LIJMC and NSUH Hospitals. All employees of Long Island Jewish Medical Center, attending physicians on staff, students participating in current clinical rotations, and authorized volunteers are eligible for library privileges. The library is accessible for use of on-site collections and photocopying, or viewing of consumer health videos as well as via remote computer access through browsing and searching. Resources include Elijahcat, MEDLINE, OVID, PubMed, ACP Medicine & ACS, Federal Register, Surgery, StatRef, Cochrane Library, Dynamed, Micromedex, Pep Web, UpToDate, PsychInfo, Associations and Governmental/Healthcare Sites, MDConsult, Electronic and Print Journals, Books on
Cultural Diversity, Consumer Health, Electronic Textbooks, and Health and General Reference and many other databases and resources which are continually being updated.

OUR VALUES REGARDING DIVERSITY

Northwell Health provides services to a diverse clientele that mirrors the cultural richness of the New York City metropolitan area. Northwell Health clientele are diverse with respect to race, ethnicity, religious faith, sexual orientation, age, disability status, and life experience. We believe that diversity is a rich resource for personal and professional development. We value the diversity of our staff and trainees and believe that their many backgrounds strengthen our institution. The Long Island Jewish Medical Center serves Nassau and Suffolk counties as well as the borough of Queens, which is the most diverse county in the nation, with over 170 languages spoken inside the county.

Northwell Health promotes equal opportunity and non-discrimination and welcomes applications from all qualified students regardless of race, ethnicity, religious faith, sexual orientation, age, or disability status as defined by applicable law. Qualified members of minority groups that have historically been under-represented are especially encouraged to apply and are welcome to indicate minority status in their application materials.

THE PREDOCTORAL TRAINING PROGRAM

Our training mission is to facilitate the development of highly competent and ethical health service providers. Psychology internship training parallels the mission of Northwell Health, associated hospitals and the Division of Psychology. That is, the Division of Psychological Service’s commitment to service, education, research, and community access is seen in the division’s philosophy which is to “(1) utilize the most advanced techniques in psychological assessment and psychotherapeutic interventions supported by research findings that are undergirded by respect for the dignity of the patients we serve, (2) maintain a training program in clinical psychological practice that
is of the highest quality (3) encourage, support, and conduct research and 4) seek to monitor and improve each of these aspects of service.” The existence and continued growth of psychology internship training attests to the value of our programs to our institution’s mission.

Each of the Internship tracks complements core training with specialized seminars and clinical rotations. All Interns participate in a common set of didactic experiences as well as track-specific educational activities. A description of the overall Internship program and each of the tracks is provided below. As staffing or programs may change unexpectedly, not all placements listed below may be available each year. We will make every effort to publicize any substantive changes that occur after the posting of this brochure.

Time commitment varies throughout the training year (and within each track of the internship).

The structure, time demand and nature of rotations and placements vary across the three training tracks, but in general interns spend 75% of their time providing clinical services (including individual and group psychotherapy, diagnostic and assessment services, consultation and participation in interdisciplinary team meetings). Services are provided within one or more of the structured and intensive settings to which they are assigned on a rotating basis (usually for up to 6 months at a time) and at outpatient or specialized clinical placements. (Within the above category of clinical services, psychological assessment constitutes different proportions for the different tracks; for neuropsychology track interns assessment may comprise ~60% of their time while for the adult and child tracks it is closer to 10%). Travel (not more than 1-2 hours per week) is sometimes necessary between
placements as interns may have assignments on different campuses. Some evening time is required with outpatient placements. Seminars constitute about 4-7 hours per week depending on the track (except for during the initial week of orientation which is dominated by didactics). Documentation is accomplished via an electronic medical record (EMR) on most sites and comprises approximately 2 hours per week. Finally, interns spend an average of 4 hours per week receiving face-to-face supervision, at least 2 hours of which is individually based and with additional supervision on an ad hoc basis. The accompanying chart depicts the above components with their average time demands.

As staffing or programs may change unexpectedly, not all placements listed below may be available each year. Any substantive changes will be publicized; those that occur after the posting of this brochure will be communicated to applicants via APPIC Late Breaking updates and/or by email.

ADULT PSYCHOLOGY TRACK

National Matching Services Program Code Number: 145912

(6 Interns)

PLACEMENTS

The Internship experience consists of concurrent primary and secondary placements with an additional, simultaneous, year-long psychological assessment assignment.

- **Primary placements** typically require about 50 to 60 percent of an intern’s time and generally occupy morning and afternoon hours. This occurs in two, six-month rotations. Usually these are counter-balanced between inpatient and partial hospital service settings, although the exact placement configuration may depend on staffing, service needs and the intern’s prior experience. (In the event that these settings are insufficiently staffed for training purposes, educationally appropriate alternative settings may be considered.)

- **Secondary Placements:** Another 20-25 percent of the intern’s time is devoted to one of the ambulatory placements where the intern remains throughout the 12 months of the internship year. Interns may have secondary placements in ambulatory clinical services located on the campuses of the Zucker Hillside
• **Psychological Assessment** comprises a third, standard assignment throughout the year. Interns comprise a referral pool for psychodiagnostic, general cognitive assessments and neuropsychological screenings that originate in any of the Zucker Hillside clinics, partial programs or inpatient service areas.

Some evening time is required and will vary with respective placements. Placements are described in more detail below. Placement assignments are determined during the spring preceding the start of internship and are based on such factors as interns’ training needs, resource and staffing availability, and placement cross-compatibility. Emphasis is placed on providing interns with exposure to diverse populations and settings.

**Primary Placements – Adult Track**

**Inpatient Service (ZHH):** The inpatient unit is situated the Zucker Hillside Hospital, in a large psychiatric facility with over 200 inpatient beds across 9 inpatient units. Current placements occur on a **General Adult Unit**, the **Adult Affective Disorders** unit, or the **Adolescent Inpatient Unit** and other units may be considered if available. The Adult inpatient psychiatric units have 20-30 beds and serve patients representing a cross-section of socio-economic groups and psychiatric disorders. On the Adult inpatient unit, the intern participates in daily multidisciplinary clinical rounds, community meetings, staff meetings, and case conferences. The intern also functions as a clinical consultant, providing short-term individual psychotherapy for a select patient caseload, group psychotherapy and psychological testing as needed. Group therapy generally consists of empirically-based and/or modified process approaches adapted to the setting and population. Interns in the adult track may also be assigned in the primary placement to the **Adolescent Inpatient Unit**. On this unit, psychology interns function as primary therapists for a limited caseload, are an integral part of the treatment team and participate actively in the therapeutic milieu and staff meetings. Interns provide short-term therapy for referred patients, and participate in diagnostic interviewing sessions and team meetings as well as multidisciplinary clinical rounds, community meetings, staff meetings, and case conferences. Interns serve as co-leaders of the cognitive-behaviorally oriented therapy groups. Significant experience is also gained in implementing crisis management and utilizing behavioral modification. Interns also provide psychological evaluations for diagnostic clarification and placement decisions.
Partial Hospital Programs: Placements are in the Adult Partial Hospital or the Geriatric Psychiatry Partial Hospital, both at ZHH. Partial hospital programs are utilized as an alternative to inpatient hospitalization or as a step-down from inpatient hospitalization. Each setting provides a therapeutic milieu for psychiatric patients who, while not in need of hospitalization, are unable to function at work or in other aspects of community life. In the role of primary therapist to a caseload of patients, the intern is responsible for all aspects of care including intake evaluation, treatment planning, psychotherapy, consultations regarding medication with staff psychiatrist, and with community agencies, discharge planning, and related activities. The intern also co-leads group therapy sessions each week and may perform psychological assessment with referred patients. Group therapy generally consists of empirically-based and psychoeducational approaches adapted to the setting and population. The intern functions as part of the multi-disciplinary team, attending staff meetings where issues of program planning and development, as well as day-to-day functioning of patients are addressed.

Adult Partial Hospital: This setting provides daily therapy and activity groups, pharmacotherapy, individual and family therapy for a heterogeneous population of adult patients with subacute, severe psychiatric disorders. Interns have primary case management and individual/family psychotherapy responsibility for patients, co-lead groups, and attend staff meetings. Interns learn rapid assessment and treatment planning and work intensively to increase stabilization and to prepare patients for the next level of care.

Geropsychiatry Partial Hospital: Similar in structure to the adult partial hospital treatment setting, the Geropsychiatry Partial Hospital offers brief, subacute care for older adults. The modal diagnostic category is mood disorder. The intern has daily contact with a highly integrated, multidisciplinary staff with specialized skills in the assessment, care and psychiatric treatment of older adults. The intern also interacts regularly with other trainees assigned to that specialized program (psychology externs, fellows, residents).

Secondary Placements – Adult Track

Below is a listing of the range of possible secondary placements. Not all placements will be filled every year. A number of assignments may be available on a partial basis or in a mixed
configuration with other placements if scheduling and staffing permit. Assignments will take into consideration interns’ needs/interests, service needs, available supervisory time and compatibility.

The Older Adult - Geriatric Psychiatry Ambulatory Center (ZHH): This service center provides comprehensive psychiatric evaluation and treatment to older adults (mostly above the age of 60). Service hours are generally 9-5 pm; no evenings are required. Patients predominantly have psychiatric disorders characterized by depression, anxiety and adjustment reactions to life stressors. A much smaller subgroup of clinic patients have psychosis and many of those are in fairly stable condition; quite a few patients are experiencing their first episode of mental illness. Most of the psychotherapy cases are cognitively intact older adults.

Patients selected for intern assignment are those assessed to be excellent therapy candidates. Interns will receive training in Psychodynamic, Interpersonal Psychotherapy (IPT) or Cognitive Behavioral Therapy (CBT) modalities. In addition to being trained in intervention approaches that are applicable throughout the life span, this placement equips the clinician with the necessary tools for this growing population. Patients predominantly have psychiatric disorders characterized by depression, anxiety and adjustment reactions to life stressors.

- A weekly Geropsychology Seminar is provided and other didactic options (depending on schedule and interest) include group supervision, journal club and case conference.
- Interns will have the opportunity to receive intensive training in the implementation of the evidence-based intervention of Interpersonal Therapy (IPT) (Weissman, Markowitz & Klerman, 2000) by participating in the IPT seminar and receiving supervision based on audio-taped sessions of a dedicated case.

The Program in Dialectical Behavior Therapy (Adult Outpatient Psychiatry Department, ZHH) The program implements Marsha Linehan’s Dialectical Behavior Therapy (DBT) in the treatment of individuals with Borderline Personality Disorder. The intern provides individual and group DBT therapy, as well as phone coaching calls and works with a multidisciplinary DBT team.

The Phobia and Anxiety Disorders Center (ZHH): This program specializes in the treatment of adult outpatients diagnosed with a range of anxiety disorders. Patients may
receive individual and group treatment, psychopharmacologic treatment and in-vivo exposure treatment. The intern co-leads a phobia group and provides individual psychotherapy to persons with anxiety disorders. The phobia group is a unique aspect of this assignment: staff and patients meet both in a formal group setting and in the field (e.g., open spaces, elevators, etc.) where there is in-vivo application of discussed approaches (e.g., desensitization, cognitive-behavioral interventions).

**Perinatal Psychiatry (ZHH):** at the Adult Outpatient Psychiatry Program

The Perinatal Psychiatry track provides evaluation, consultation and/or treatment for:

- Women who are pregnant or planning a pregnancy that require psychotherapy or medication management
- Women who develop or have increased or a return of previous psychiatric symptoms in the period following childbirth throughout the perinatal period of one year

Treatment may include:

- Psychopharmacology,
- Individual therapy - may be one of several modalities depending on the presenting problem. These include IPT, CBT, supportive, crisis intervention, psychoeducation and combinations of these,
- Group Psychotherapy,
- Enhanced collaboration of care with other service providers such as OB/GYN, the NICU, the maternity units, etc.
- Case management such as assistance with accessing or maintaining various resources

In this program, the intern primarily conducts individual psychotherapy. There are opportunities for learning and implementing Interpersonal Therapy-IPT (Weissman, Markowitz & Klerman) or group therapy with this population. The intern also participates in initial phone screenings, a group supervision involving didactics and case discussions, as well as team meetings.

**Obsessive Compulsive Disorder (OCD) Center**

The placement the Zucker Hillside Hospital offers the opportunity for trainees to become familiar with and specialize in evidence based approaches for the treatment of obsessive compulsive disorder (OCD) and related disorders (body dysmorphic disorder,
obsessive compulsive personality disorder) in an outpatient setting. The intern is responsible for the care of patients using Cognitive Behavioral Therapy (with emphasis on exposure and response prevention). Along with individual cases, the intern will have the opportunity to run groups using the same treatment modalities. Trainees participate in a weekly didactic meeting and receive weekly supervision – both individual and group. (More information about the OCD Center is available at its website: https://www.northshorelij.com/ocdcenter.)

**Bipolar Disorders Center**

The placement at the Bipolar Center of The Zucker Hillside Hospital offers the opportunity for trainees to become familiar with and specialize in evidence based approaches for the treatment of bipolar disorder in an outpatient setting. The intern is responsible for the care of patients using Interpersonal and Social Rhythm Therapy (IPSRT) and Cognitive Behavioral Therapy. Along with individual cases, the intern will have the opportunity to run groups using the same treatment modalities. Trainees participate in a weekly didactic meeting and a monthly journal club. Trainees receive both individual and group supervision on a weekly basis.

**Combined OCD and Bipolar Track**

The secondary rotation at the OCD and Bipolar Centers of The Zucker Hillside Hospital offers the opportunity for trainees to become familiar with and specialize in evidence based approaches for the treatment of obsessive compulsive disorder (OCD) and bipolar disorder in an outpatient setting. The intern is responsible for the care of patients from both centers using Cognitive Behavioral Therapy (with emphasis on exposure and response prevention) for OCD/related conditions and Interpersonal and Social Rhythm Therapy and Cognitive Behavioral Therapy for bipolar disorder. Along with individual cases, the intern will have the opportunity to run groups using the same treatment modalities. Trainees participate in a weekly didactic meeting and a monthly journal club. The intern will receive weekly supervision – both individual and group - with experts in their respective areas.

*Psychological Assessment – Adult Track*

Psychological Assessment refers to a consultation service that receives referrals from mental health providers throughout the ZHH campus. While some testing may be built
into primary assignments, all adult track interns will be assigned referrals on a rotating basis throughout the year. Referrals generally involve psychodiagnostic and/or general cognitive assessment, and customized feedback is provided to treatment teams within days of the assessment. Fundamental competency with the use of personality (projective and objective) and intellectual measures in a psychiatric patient population is presumed. Interns may also administer specialized screening batteries at various hospital settings. There may be opportunity to obtain exposure to neuropsychological assessment based on the intern’s interest and skill and given the availability of resources. This placement aims to deepen interns’ knowledge and skills regarding common instruments, provide experience with some unfamiliar but useful instruments and approaches, enable mastery of a flexible battery approach which is focused on the referral question, and enhance reporting and feedback skills.

**SUPERVISION – Adult Track**

Interns receive *four or more hours per week* of supervision, with additional supervision available as needed. Members of the psychology training faculty supervise psychological testing and psychotherapy conducted by psychology interns. Supervision bearing on medical issues or psychopharmacological intervention may be provided by a senior psychiatrist.

Where possible, interns are involved in *learning to provide supervision*. This is sometimes carried out in the form of “supervised supervision” for group or individual therapy conducted by a more junior trainee (e.g., psychology extern) as well as didactic sequences devoted to theories and principles of supervision. Other formats may include role-play, role reversal and hypothetical scenarios.
CLINICAL CHILD PSYCHOLOGY TRACK

National Matching Services Program Code Number: 145914

(2 Interns)

The Clinical Child Track is based on the premise that broad exposure to a variety of disorders, developmental states, and treatment approaches is essential to the development of competencies for a clinical child intern. Interns work under the close supervision of psychologists and as part of interdisciplinary teams. The intern learns to identify and classify a broad range of symptoms of psychopathology within the DSM-V diagnostic framework that affect development and adjustment. There is a strong emphasis on intern mastery of psychological assessment methods relevant to children and their families across hospital-based programming (including mental status, psychiatric interview, suicide risk assessment, semi-structured diagnostic interviewing, clinical and family interview techniques as well as treatment outcomes assessment). Clinical placements also encourage use of a range of intervention techniques across modalities of treatment (individual, group, family, milieu & consultation).

Through experiences in outpatient, inpatient, and elective placements, competencies are acquired in assessment, diagnosis and treatment. Clinical placements encourage use of a variety of treatment strategies including short-term problem-oriented therapy, cognitive-behavioral therapy, family therapy, group therapy, and crisis intervention.

PLACEMENTS – Child Track

Interns are assigned approximately half-time to the Child and Adolescent Ambulatory Service for the full internship year. For the remaining hours, interns are assigned to the Adolescent Inpatient Unit (1 West) for six months and to a selected combination of major and mini rotations for the alternate six months. Details about these assignments follow.

Child and Adolescent Ambulatory Services (ZHH)  (approximately half-time, 12 months)
In the Child and Adolescent Outpatient Department interns will have the opportunity to gain experience in individual, family, and group therapy working with a diverse clinical population. Interns typically carry 8 individual or family cases and co-lead 1 weekly group. At least 2 cases are designated as Anxiety Clinic cases, which will have been identified as suitable for a structured CBT intervention in the child anxiety and related disorders track. Interns also receive specialized training in Evidenced Based Treatments such as, Dialectical Behavior Therapy, Trauma-Focused CBT, Parent-Child Interaction Therapy, Modular CBT for Child and Adolescent Anxiety, Parent Behavior Management, CBT for Depression, and Comprehensive Behavioral Intervention for Tics.

**Inpatient Rotation (approximately half-time, 6 months)**

**1 West:** Located on the grounds of Zucker Hillside Hospital, the adolescent inpatient unit (1 West) is a 21-bed, acute-care psychiatric unit for adolescents (ages 12-17) presenting with severe psychopathology that prevents them from being safely maintained in the home and community. Patients on 1 West receive comprehensive evidence-based treatment for a wide spectrum of psychiatric disorders and complex psychosocial issues. Multi-disciplinary treatment on 1 West includes, but is not limited to, individual, family, and group psychotherapy, medication management, rehabilitation groups, case management, and disposition planning. 1 West staff have been intensively trained by Behavioral Tech in Dialectical Behavior Therapy (DBT) and 1 West offers DBT treatment including individual, family, group, and milieu coaching. Psychology interns provide short-term individual and family therapy for patients within a Cognitive Behavioral Therapy (CBT) or Dialectical Behavior Therapy (DBT) framework, depending on the adolescent’s presenting symptoms and functioning. Interns also provide case management and coordination of services for assigned cases, and gain strong working knowledge of available services. Interns co-lead two DBT groups, a skill acquisition group and a skill generalization group. Psychology interns are an integral part of the treatment team and participate actively in the therapeutic milieu. These activities include leading morning Community Meeting including Mindfulness activities, assisting in the token economy, creating specialized behavior plans, and serving as a consultant to other unit staff. Interns also participate in diagnostic interviews and multidisciplinary team meetings. Significant experience is gained in risk assessment, implementing crisis management strategies, utilizing behavioral modification, and collaborating with a variety of professionals who work with adolescents (e.g., child protective services, school staff, juvenile justice, etc). Interns receive 1 hour each of individual and group supervision. Psychology group supervision includes a didactic series on a variety of clinical topics, with emphasis on DBT early in the training year. Interns may have the
opportunity to provide psychological evaluations including intellectual, achievement, diagnostic, and developmental assessments.

**Major Elective Rotations - Child Track (6 months)**

Interns choose from one of the two 16-hour-per-week electives indicated below. Based on intern interest and availability of supervision, alternative elective placements in different clinical settings within the medical center (e.g., Perinatal/Teen Pregnancy Psychiatry Services, Northwell Transgender Center, and Trauma Center) may be arranged if possible on a case by case basis.

- **Pediatric Health Psychology Service**: The service provides treatment in coordination with the Division of Hematology-Oncology and Stem Cell Transplantation at Cohen Children's Medical Center. This placement affords interns the opportunity to interface with medical pediatric staff. Responsibilities include providing individual and family psychotherapy and performing ongoing assessment of the psychological needs of children, adolescents and young adults treated in the division. This includes conducting intake assessments during the initial session with patients and their families. Interventions include facilitating psychological adaptation to chronic and/or serious medical conditions, managing pain and symptoms, enhancing compliance with prescribed treatments, and implementing various psychotherapeutic modalities and orientations to patients being treated in both the inpatient and outpatient settings of this division. The intern will join a multidisciplinary team consisting of Physicians, Social Workers, Nurses, Child Life Specialists, etc., and will learn about providing psychology services within a multidisciplinary care model.

- **Eating Disorders Program** This program located at Cohen Children's Medical Center provides services to children, adolescents, and young adults up to age 21 diagnosed with Eating Disorders, as well as co-morbid diagnoses. Interns carry a caseload of up to two patients at a time who are admitted to the Adolescent Medicine inpatient unit or the Eating Disorders Day Program. Interns serve as primary therapists, following cases from intake throughout their admission, often across both inpatient and day program settings. Responsibilities include providing diagnostic interviewing, individual and family therapy, and group therapy, and in vivo meal supervision. This setting emphasizes the use of
empirically based treatments (EBTs) and a didactic seminar is offered to familiarize trainees with EBTs for eating disorders. Specifically, training in CBT, DBT, and Family Based Treatment (Maudsley) is provided. Psychology interns are an integral part of the treatment team as well as the therapeutic milieu and participate actively in daily staff meetings and weekly multi-family meetings. This placement allows for extensive experience in working in a multi-disciplinary, milieu setting, as well as in collaboration with the Adolescent Medicine physicians and nutritionists.

Mini Rotations - (4 hours a week for 6 months)

Child Track Interns are given the option of electing a 4 hour per week “mini rotation.” This occurs during the 6 month elective rotation. A sample of possible available “mini rotations” includes:

- **Child Psychiatry Intake Rotation**: Interns will learn how to conduct initial psychiatric interviews with children, adolescents and families seeking psychiatric services, perform mental status exams, risk assessment, and formulate initial diagnostic impressions, and treatment dispositions under the supervision of the staff psychologist and attending child psychiatrist.

- **Developmental and Behavioral Pediatrics**: This placement offers the opportunity to assess children and adolescents in an outpatient setting. As part of this program, interns will become skilled in the diagnostic interview and gain extensive experience in the administration, writing, and interpretation of psycho-educational assessments.

- **Recognition and Prevention (RAP) Program**: The Recognition and Prevention (RAP) Program, is research clinic funded by the National Institute of Mental Health. The RAP Program serves adolescents and young adults between the ages of 12 and 25 and their families. Individuals appropriate for evaluation and treatment at the RAP Program are at high-risk for developing serious mental illnesses including psychotic and bipolar disorders.

- **Parent-Child Interaction Therapy**: Interns gain the opportunity to participate in didactics in Parent-Child Interaction therapy and carry both individual and group therapy cases in the Child Psychiatry Outpatient Clinic.
SUPERVISION – Child Track

Interns receive three or more hours per week of supervision, with additional supervision available as needed. Internship supervisors represent a breadth of theoretical orientations including cognitive, behavioral, and family systems. In addition to the individual supervision interns receive within each of their clinical placements, child track interns attend weekly supervision/case consultation in a group format, focused on the cognitive-behavioral treatment of anxiety and related disorders.

Where possible, interns are involved in learning to provide supervision. This is sometimes carried out in the form of “supervised supervision” for group or individual therapy conducted by a more junior trainee (e.g., psychology extern) as well as didactic sequences devoted to theories and principles of supervision. Other formats may include role-play, role reversal and hypothetical scenarios.
CLINICAL NEUROPSYCHOLOGY TRACK

National Matching Services Program Code Number: 145913

(3 interns)

The Clinical Neuropsychology Track of the Pre-Doctoral Internship Program in Clinical Psychology provides intensive clinical training and experience in neuropsychological assessment and consultation while continuing the intern’s general clinical training. Clinical Neuropsychology Track training facilitates the integration of prior didactic doctoral education and clinical externship exposure with more advanced clinical practice in neuropsychology. The training thus prepares the intern for a two-year post-doctoral fellowship in clinical neuropsychology followed by a career as an independent provider of neuropsychological services.

The Clinical Neuropsychology Track follows the model of training proposed by the Houston Conference on Specialty Education and Training in Clinical Neuropsychology. In this one-year, full-time experience most of the clinical neuropsychology track intern’s time is devoted to neuropsychology with the remainder dedicated to general training in other aspects of clinical psychology.

PLACEMENTS - Neuropsychology Track

Clinical Neuropsychology Track interns participate in examination and consultation services in programs associated with four major hospitals: Long Island Jewish Hospital, North Shore University Hospital, The Zucker Hillside Hospital, and Cohen Children’s Medical Center. Through these placements interns gain experience with a wide variety of neurological, neuropsychiatric and developmental disorders. The Neuropsychology Track interns train alongside neurology residents, neuropsychology fellows, the other clinical interns, and neuropsychology externs from local universities. Specialty track didactic experiences include seminars in neuropsychology, neuroanatomy and neuro-imaging. Other educational forums include neurology grand rounds, neurosurgery grand rounds, pediatric epilepsy rounds, and pediatric oncology survivorship rounds.
The training year is divided into three four-month rotations. Within each rotation, interns participate in one or two neuropsychological assessment placements. Interns devote approximately 60% of their time to these activities. Interns are also assigned to psychotherapy placement, which runs for the entire year, accounting for another 20% of the trainees’ time. The remainder of the interns’ time is spent in educational activities.

Clinical Neuropsychology Placements

**Comprehensive Epilepsy Program/Department of Neurology/Northwell Neuroscience Institute:** Within the Neurology service of the Neuroscience Institute, interns gain intensive training in neuropsychological assessment of adults with actual or suspected neurological diseases and disorders. Interns perform outpatient neuropsychological evaluations of patients referred from the Department of Neurology and other sources. These evaluations include comprehensive assessments of epilepsy patients from the Department’s Comprehensive Epilepsy Center, such as candidates for epilepsy surgery. Patients with suspected dementia, mild head injury, stroke, neoplasm, infectious diseases, and other neurological disorders are also seen as part of this service. It is also common for referrals to come from affiliated neurosurgeons (e.g., pre-operative and follow-up assessments of brain tumor patients), community neurologists, geriatricians (who typically refer the more difficult differential diagnoses rather than Alzheimer’s disease), and psychiatrists. All interns will have the opportunity to observe resective neurosurgery in the O.R. and participate in Wada testing and cortical mapping of cerebral functions with electrical stimulation of the brain.

**Movement Disorders Program/Department of Neurology/ Northwell Neuroscience Institute:** Within the Movement Disorders Program interns gain training in neuropsychological assessment of adults with movement disorders, including Parkinson’s disease, Huntington’s disease, and essential tremor. Interns consult with neurologists, geneticists, and neurosurgeons regarding diagnostic issues such as dementia; they also evaluate patients’ readiness to undertake genetic testing for the HD gene and the capacity to benefit from functional brain surgery with deep brain stimulator placement. Patients are seen from many other referral sources including other neurology disciplines, Geriatric Medicine, Psychiatry, Physical Medicine, and Internal Medicine.
**Pediatric Neuropsychology:** Children are also seen for neuropsychological services within the two Neuroscience Institute rotations. During the Comprehensive Epilepsy Program rotation, interns gain experience in neuropsychological assessment of children with developmental, neurological, and medical disorders. The majority of cases come from Cohen Children’s Medical Center’s Departments of Pediatric Neurology and Hematology/Oncology. Interns work closely with attending physicians and residents from these departments. Commonly seen patients include those with epilepsy, leukemia, brain tumors, and traumatic brain injury. Although children with developmental disorders can be seen, this program focuses on acquired and genetic disorders. Children are also seen during the Movement Disorders Program rotation. Within this rotation interns will also participate in comprehensive neuropsychological evaluation of children, ages 6-years and older. Referrals to this program tend to come directly from parents, school districts, and pediatricians. The majority of the patients in this program have developmental disorders, such as LD, ADHD, and Autism. However, children with traumatic brain injury, brain tumors, and epilepsy are seen regularly.

**Neurorehabilitation/Transitions of Long Island:** Transitions of Long Island is a comprehensive neurorehabilitation program for individuals with acquired neurological injuries. Transitions provides outpatient rehabilitative services, utilizing a holistic, interdisciplinary team approach (i.e., physical therapy, occupational therapy, speech-language therapy, cognitive rehabilitation, neuropsychology, social work, rehabilitation counseling, pre-vocational counseling, nursing, life skills training, and medical and case management). Interns work with adolescents and adults in Transitions’ outpatient program. During this rotation the trainee gains experience in assessment of individuals with a variety of neurological diagnoses including traumatic brain injury, stroke, brain tumor, anoxia, encephalitis, and mild brain injury. Attendance at interdisciplinary team rounds, in-services and journal reviews, as well as observation of other neurorehabilitation disciplines, is encouraged.

**The Zucker Hillside Hospital:** Within the psychiatric facility interns gain training in neuropsychological consultation through participation in focused and brief diagnostic evaluations of patients with psychiatric disorders who are also suspected to have neurological diseases or disorders. The majority of referrals come from the Adult and Geriatric inpatient units at Zucker Hillside Hospital. This includes evaluations of patients with suspected primary progressive disorders, such as Frontal Temporal Dementia and Alzheimer’s disease, but also focal neurological disease.
**Inpatient Neurology:** Within the Comprehensive Epilepsy and Movement Disorders rotations, interns consult on inpatient medical units at NSUH. Assessments can include comprehensive inpatient evaluations of epilepsy patients referred from the Department of Neurology Comprehensive Epilepsy Center including candidates for epilepsy surgery, and pre and post large volume lumbar puncture referred from the Department of Neurosurgery. In addition, the interns conduct consultations and focused and brief evaluations of patients with a variety of acute neurobehavioral syndromes (e.g., aphasia, amnesia, agnosia, hemispatial neglect) that are secondary to stroke, acute infectious disease, metabolic disorders, and other causes.

**Stroke Unit:** The most recent addition to our program is within the Stroke Unit at NSUH. Interns participate in Stroke Rounds (morning report) with the attending physician, neurology stroke fellows, and neurology residents. From these rounds the intern will consult on cases with focal disorders such as aphasia, neglect, and agnosia.

**Psychotherapy Experience - Neuropsychology Track**
Each intern carries a caseload equivalent to five hours per week of psychotherapy throughout the internship year. The assignments consist of individual psychotherapy cases and/or group therapy. Psychotherapy experience will be gained in one of the following settings: (1) Transitions of Long Island: an outpatient cognitive rehabilitation program for adults and (2) The Early Treatment Program (ETP): A manualized treatment for first episode schizophrenia patients.

**SUPERVISION - Neuropsychology Track**
A central premise of the Clinical Neuropsychology Track is that interns benefit most from a broad exposure to different supervisory styles and orientations. Four or more hours of weekly supervision are provided. Interns typically work with three or more different supervisors during the course of the year. While no single neuropsychological orientation is advocated over others, emphasis is given to flexible, hypothesis testing assessment strategies rather than fixed-battery approaches. Both quantitative and qualitative performance indices in making neuropsychological inferences are emphasized.
THE DIDACTIC PROGRAM

The seminar program covers a variety of general and specific topics related to clinical psychology. Seminars are supplemented by Department of Psychiatry, Neurology, and Division of Child and Adolescent Psychiatry grand rounds which feature presentations by prominent speakers. Ongoing seminars and journal clubs in neuroscience, geriatric psychiatry, and child psychiatry are also available for interested interns.

Each seminar is described below. Seminars are grouped by the track in which they are offered. Nonetheless, all interns are invited to attend any of the seminars if time permits. Some of the courses are year-long while others are presented in a mini-course format.

SEMINARS FOR ALL INTERNSHIP TRACKS

**Ethics for Psychologists** This series takes place immediately after the internship orientation period and runs for three weeks in July. The focus is on case-oriented applications of the APA Ethics Code, an overview of its history, standards and procedures pertaining to regulatory entities and psychology boards, and discussion of contemporary topics.

**Core Issues** This seminar forms the "heart" of the Internship's didactic program and runs from September through June. Faculty and interns from the three tracks meet to explore a variety of issues. The seminar includes such modules or sequences as: a review of issues in psychiatric diagnosis and assessment; empirically supported psychotherapies with different age groups; psychopharmacology; multicultural issues; consultation; supervision; program evaluation; and other topics. It should be noted that issues of individual and cultural diversity are integral to the internship program and are incorporated into the internship course work and into individual and group supervision. Additionally, the seminar provides a regular forum for ongoing discussion of administrative and professional issues that arise for interns.
**Professional Issues Colloquium** On a monthly basis, issues bearing on the contemporary practice of psychology are discussed by internship and affiliated faculty. Examples of topics include: balancing career and family; obtaining a postdoctoral fellowship; managing a successful independent practice; reimbursement issues; career building; issues in psychology research; new practice opportunities for psychologists.

**Case Conference** Also on a monthly basis, a case conference is led by a senior psychologist. Interns take turns presenting active cases and provide feedback on cases presented by other interns. This provides a forum for practicing organized and thoughtful presentation of clinical information as well as an opportunity for peer review and "second opinions".

**ADULT PSYCHOLOGY TRACK SEMINARS**

**Psychological Assessment** Training is provided in administration and interpretation of psychodiagnostic, cognitive, personality and some neuropsychological measures. The seminar includes review of fundamentals of testing, exposure to specialized assessments (e.g., malingering, learning disability, and neuropsychological screening approaches) and the practice of oral and written reporting.

**Group Psychotherapy** Central issues in conducting group psychotherapy are reviewed with an expert group psychotherapist. As a follow–up to this seminar, during the second half of the year interns may choose to take part in a group to process the internship experience. There is no communication about this segment between the group leader and internship staff.

**Clinical Geropsychology** This seminar reviews basic issues in assessment and treatment of older adults, clinical problems of later life, somatic treatment for late life psychiatric problems, psychotherapeutic interventions, and gerontology. The seminar is attended by Adult Psychology and other psychology trainees with geriatric placements.
CLINICAL CHILD PSYCHOLOGY TRACK SEMINARS

Clinical Child Psychology Seminar: This seminar covers core elements of clinical practice in child psychology, including both family systems-oriented and cognitive-behavioral interventions for various clinical problems in this population. In July and August, there are weekly 2 hour seminars that provide the foundation of knowledge essential to the practice of evidenced based treatments for clinical child psychology. From September to June, the seminars focus on several core modules that include: evidence based practices for specialty populations, Third Wave CBT approaches, family systems-oriented treatments and medical/health related topics. This seminar is attended by the child psychology interns, child psychology externs, and post doctoral psychology fellows.

CLINICAL NEUROPSYCHOLOGY TRACK SEMINARS

Advanced Topics in Neuropsychology: This seminar begins with introductory topics relevant to neuropsychological consultation in neurological, psychiatric, and general medical services. The seminar continues with lectures on topics that include the major focal neurological syndromes, specific neurological disorders, neurological exam, neurologic interventions, and neuroanatomy and neuroimaging, as well as other medical topics germane to neuropsychological evaluation.

Case Conferences/Neuroscience Seminar: This is a diverse seminar which includes clinical and neuroscience topics, as well as case conference and journal club. Monthly clinical case presentations begin by having each intern present one of his or her recent cases in a traditional format; however as the year progresses the interns are presented with one of the supervisor’s cases, and the intern must use a fact finding strategy, analogous to the oral exam of the ABCN board exams.

Additional didactic experiences in clinical neuropsychology are available through:

- Attendance at weekly Department of Neurology Grand rounds
- Participation in Epilepsy Surgery Conference
- Attendance at Investigational Medicine lectures and Neuroscience lectures at the Feinstein Institute of Medical Research.
- Participation in daily Department of Neurology morning report and bed-rounds.
ADDITIONAL INFORMATION FOR ALL INTERN APPLICANTS

INTERN AND INTERNSHIP PROGRAM EVALUATION

The Internship program values the scientific basis of clinical practice. We also value the diversity of backgrounds of our staff, trainees, patients, and larger community. When feasible, empirically-supported practices are used in our clinical programs. The aim of the Internship program is to further develop the trainee's competencies in the following areas:

Profession-Wide

- Professional conduct, ethics, and legal matters
- Individual and cultural diversity
- Theories and methods of psychological diagnosis and assessment
- Theories and methods of effective psychotherapeutic intervention
- Scholarly inquiry and application of current scientific knowledge to practice
- Professional consultation

Program-Specific

- Theories of supervision
- Clinical Neuropsychology (track specific – Clinical Neuropsychology)
- The principles of Clinical Child Psychology (track specific- Clinical Child)

The development of each of these competencies is evaluated throughout the training year and discussed in supervisory meetings. In addition, formal written evaluations are conducted towards the end of each clinical rotation (i.e., for the Adult and Child Tracks - at midyear and in June; for the Neuropsychology Track – at the end of each four-month rotation) and a written summary of performance is provided to the intern’s graduate training director at those times.

The intern’s evaluation of the Internship Program is actively sought. The Core Issues seminar provides an opportunity to discuss ongoing administrative and professional problems that may arise. An intern representative is chosen by the interns for each of the Internship tracks for representation at faculty track meetings as needed. In addition, an intern represents the entire internship class at monthly meetings of the Education and Training Committee which includes leadership from the psychology externship, internship, and fellowship programs. The Director of Psychology Training meets with
Each intern at midyear to review progress and satisfaction and to discuss any concerns. At the end of the Internship year, interns are asked to provide a written evaluation of the internship program. Prior to leaving, interns also meet with the Director of Psychological Services to discuss their internship placements, supervisors and seminars. Finally, interns are surveyed at least one year after completing the internship to assess the way in which the internship impacted on their career and professional activities.

**STIPEND AND BENEFITS**

The stipend is $25,000 annually. Benefits include 20 days of paid time off and 8 paid legal holidays. In addition, sick days may be used for illness. *New hires at Northwell Health are not permitted to use paid time off during their first three months of work.* Also, unused time off will ordinarily not be paid out at the end of the internship. Northwell Health provides a partially subsidized benefit program which offers the opportunity to select health, life, and disability coverage to meet personal needs. Interns and their eligible dependents are eligible for health care benefits as of the first day of the internship. The above information represents the policy as of September 1, 2016; although no changes are anticipated at this time, we will attempt to disseminate any substantive changes that occur.

**APPLICATION REQUIREMENTS**

The Internship begins on July 1, 2017 and continues for the period of one year (i.e., through June 30, 2018). *Applicants may only apply to one of the three internship tracks. For the purpose of clarity, please indicate your choice of internship track prominently in your cover letter.* Eligibility requirements for each of the Internship programs are as follows:

**Adult Psychology Track:** The applicant must be a candidate for the PhD or PsyD in an APA-accredited clinical or counseling psychology program or be enrolled in a formal respecialization program. Consideration is given to candidates in non-APA approved programs if their graduate education is comparable to that offered in APA-approved programs. Additionally, it is strongly preferred that applicants have administered and written a *minimum* of five integrated psychological test reports using complete psychodiagnostic batteries (*including cognitive and projective instruments*) in a clinical setting.

**Clinical Child Psychology Track:** The applicant must be a candidate for the PhD or PsyD in an APA-accredited clinical, counseling, or related program. Consideration is
given to candidates in non-APA approved programs if their graduate education is comparative to that offered in APA-approved programs. Priority is given to those candidates with a strong commitment to and significant experience in research and treatment of children and adolescents. At least one year of clinical experience with children or adolescents is required. Applicants from School Psychology programs will not be considered unless there is evidence of intensive experience (greater than 1 year in duration) in non-school clinical settings.

**Clinical Neuropsychology Track:** The applicant must be a candidate for the PhD or PsyD in an APA-accredited clinical or related program, or be enrolled in a formal respecialization program. Consideration is given to candidates in non-APA approved programs if their graduate education is comparable to that offered in APA-approved programs. Applicants will have completed a designated track, specialization or concentration in neuropsychology, which includes both course work and two years of supervised experience in clinical neuropsychology.

**ACCREDITATION**

The internship program has been accredited by the American Psychological Association (APA) since 1979 and is fully accredited through 2020. The address of the APA Accreditation Office is:

**Office of Program Consultation and Accreditation**
American Psychological Association
750 First Street, N.E., Washington, D.C. 20002-4242
Tel: 202-336-5979

**APPLICATION PROCEDURE**

The internship program is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC). Applications will only be accepted through the APPIC Application for Psychology Internships (AAPI) online registration system on the Match web site at [www.natmatch.com/psychint](http://www.natmatch.com/psychint). Three letters of recommendation are required.

The application deadline for the 2017-18 internship is November 1, 2016 (applications must be submitted by the 11pm EST of that date).
In addition to the standard elements of the APPI online, the following supplemental materials are required (via scanned upload as per AAPI online instructions): 

**Required Supplemental Materials:**

**Applicants to the Adult Psychology Track submit the two items below:**

- One integrated psychodiagnostic test report of an adult patient *(including cognitive and projective measures).* (Although lack of experience with projective tests may not rule out suitability, it would be a disadvantage; clinical assessment experience - including projective testing - is a core competency area in our adult track.) In the event that an applicant is lacking a report for an adult patient, a child’s integrated report will be considered.
- One summary of an adult clinical treatment case. The case summary should be designed for clinical use and generally include a concise (i.e., preferably less than 5 pages) synopsis of presenting problems, history, conceptualization, course of treatment and recommendations.

**Applicants to the Clinical Child Psychology Track submit both items below:**

- One psychodiagnostic test report of a child or adolescent (under 18 years old) including cognitive and personality measures and
- One case summary of a child or adolescent, which includes the detailed description of a course of treatment.

**Applicants to the Clinical Neuropsychology Track submit:**

- Two neuropsychology test reports.

**Neuropsychology Track Applicants please note:**

- **Interviews will be held on Wednesday January 4, 2017; Tuesday January 10, 2017; and Thursday January 12, 2017.** Although you do not need to indicate the dates when you are free in your cover letter, please keep these dates in mind as you go through the application process.
- In the event that you are unable to list all of the assessment instruments you have used on the AAPI online, please add a list of all psychological assessment instruments that you used through November 1, 2016 as part of your practica experiences and indicate whether they were with actual patients/clients or research participants in a clinical study. If the person you assessed was not a client, patient, or clinical research participant, then you should not include this experience in this list. Do not include any practice administrations. Please use the same format as AAPI online.
All Applicants: Please be sure to comply with HIPAA requirements in ensuring the de-identification of submitted work samples.

INTERNSHIP SELECTION PROCEDURES

This program is a member-subscriber of the Association of Psychology Postdoctoral and Internship Centers (APPIC) and strictly observes the guidelines of this organization and its match procedures (which can be found at http://www.natmatch.com/psychint/). The LIJ Medical Center – Zucker Hillside Hospital Internship Program normally requires on-site interviews. Due to the large number of applications received, we are not able to offer interviews to all applicants. Every effort will be made to notify applicants of their interview status by December 15, 2016. Upon interview, a recent photograph is helpful as an aid for interviewers’ accurate recall but this plays no role in selection or ranking.

Applicants invited for interviews will be notified of any “open house” meetings or other opportunities during which they can meet with current interns and faculty and learn more about the internship.

Applicants matched to the internship should understand that prior to commencing the internship they will need to be pass a Health System required medical examination, a review of their credentials and a screening by the New York State Child Abuse Registry; match commitments are understood to be contingent on meeting these requirements. These procedures and a pre-employment interview must be completed in advance of commencing the internship and necessitate availability in June. Applicants should also note that some placements require evening hours.

This internship site agrees to abide by the APPIC policy that no persons at this training facility will solicit, accept or use any ranking-related information from any intern applicants.

INFORMATION

We ask that information about the program be accessed through our training website. Requests for further information should be directed to:

Elihu Turkel, PsyD
Director of Psychology Training
The Zucker Hillside Hospital
75-59 263rd Street
Glen Oaks, New York 11004
E-mail: eturkel@northwell.edu
Commonly Asked Questions about Applying to the Internship

**May I apply to more than one track at your internship program?**

No. We ask that applicants choose which of the internship tracks (Adult, Child or Neuropsychology) best fits with their professional goals and experience.

**Some internship programs will not accept applications from applicants who were externs at the site immediately prior. Is there any such restriction at Zucker Hillside?**

No. Applicants who did externships will be subject to the same selection process as all other internship applicants.

**Will I have a chance to talk to current interns if I come for an interview? If so, will they be involved in evaluating my suitability?**

If you are invited for an interview, we will make every effort to enable you to meet with current interns, although since they are all very busy (especially when their supervisors are interviewing) you might not be able to meet with all of them. Pending their consent, we will provide you with their contact information. The way current interns are included in the welcome varies by internship track. Current interns do not take part in the selection of applicants; they are directed to meet with applicants only for the purpose of providing information about the internship experience.

**What is the minimum number of intervention and assessment hours needed in order to apply to the internship?**

There is no absolute minimum “hours” requirement. Rather, applicants to each track are considered based on the quality and quantity of their experience, its diversity and appropriateness to the internship experience, their skill sets and their apparent standing relative to the applicant pool.
What should I do if something went wrong with my application (e.g., the wrong document was uploaded; it was incomplete; there was a technical problem at the deadline)?

In special circumstances as above, it is best to email the director of training, explain the problem and ask for direction. Be sure to contact APPIC with any irregularities regarding the application portal.

Will I be notified if I will not be interviewed?

We do our best to notify all applicants of their interview status no later than December 15th. If other applicants have received notification before that date but you have not, do not assume that you have been overlooked; we do not always process all notifications simultaneously. Also, different tracks may notify at different times before that date.

What is the total number of hours required to complete the internship?

The internship is a year-long training program. Interns must have completed all assignments over the course of twelve months and must attend work on the last day (i.e., June 30, 2018) of the internship. No attestations of completion will be issued prior to that point.
Psychology Internship Core Training Faculty

**Elihu Turkel, PsyD**  
*Director of Psychology Training and Adult Internship Track,*  
Yeshiva University, Clinical, 1984

**Paul Mattis, PhD, ABPP-CN**  
*Chief of Neuropsychology; Assoc. Dir. of Neuropsychology Internship Track,*  
U of Houston, 1994

**Stephanie Solow, PsyD**  
*Assoc. Dir. of Clinical Child Internship Track,*  
Pace University, School/Child Clinical, 2004

Supervisory Faculty

Kristin Candan, PhD  
Fairleigh Dickinson University, Clinical, 2008

Peter D’Amico, PhD, ABPP  
SUNY Binghamton, Clinical, 1995

Kalli Feldman, PhD  
New School for Social Research, Clinical, 2012

Adeena Gabriel, PhD  
Fairleigh Dickinson University, Clinical, 2012

Alison Gilbert, PhD  
University of Pittsburgh, Clinical, 2008

Bella Grossman, PhD  
New School for Social Research, Clinical, 2014

Marie Genevieve Iselin, PhD  
Clark University, Clinical, 2004

Jimmy Kim, PsyD  
Pace University, School-Clinical-Child, 2003

Asha Kumar, PhD  
St. John’s University, Clinical, 2011

Barbara Libov, PhD  
St. John’s University, Clinical, 1996

Stewart Lipner, PhD  
Yeshiva University, Clinical, 1985

Madeline McGee, PhD  
St. John’s University, Clinical Child, 2008

Kathryn Mirra, PhD.  
Suffolk University, Clinical, 2011

Amy Nadel, PhD  
Fairleigh Dickinson University, Clinical, 2014

Rosanne Pachilakis, PsyD  
Hofstra University, School Community, 2003

Anthony Pinto, PhD  
Hofstra University, School/Clinical, 2002

Rita Ryan, PhD  
New School University, Clinical, 1997

Sarah Schaffer, PhD, ABPP-CN  
Pacific Graduate School of Psychology, Clinical, 2005

Lauren Scher, PsyD  
Long Island University: Post, Clinical, 2007

Stephanie Solow, PsyD  
Pace University, School/Child Clinical, 2004

Mary Stephens-Levy, PhD  
University of Colorado (Colorado Springs), Clinical, 2007

Joyce Tanzer, PhD  
St. John’s University, Clinical, 1996

Alison Tebbett, PhD  
St. John’s University, Clinical Child, 2013

Lisa Testa, PhD  
New School University, Clinical, 2006

Gregory Vikingstad, PhD  
St. John’s University, Clinical Child, 2014
2016-2017 Clinical Psychology Interns

(All Interns below have consented to their names appearing in this publication)

**Adult Track**

Siriporn Klein   Long Island University-Post  
Christine Klinkhoff  Philadelphia College of Osteopathic Medicine  
Jenny Merkin  Yeshiva University  
Aliza Romirowsky  Yeshiva University  
Elizabeth Ronan  Yeshiva University  
Leah Rubin  Yeshiva University

**Child Psychology Track**

Kristen Courtney  St. John's University  
Olga Jablonka  St. John's University

**Clinical Neuropsychology Track**

Vanessa LaBode  Long Island University-Brooklyn  
Monique Pimontel  CUNY-Queen's College  
Alexander Steiner  Alliant IU/CSPP-Los Angeles

**The Zucker Hillside Hospital Administration**

**John M. Kane, M.D.**  Chairman, Dept. of Psychiatry, the Zucker Hillside Hospital; Vice-President, Behavioral Health, Northwell Health Health System

**Blaine M. Greenwald, M.D.**  Associate Chairman, Dept. of Psychiatry, the Zucker Hillside Hospital; Director, Division of Geriatric Psychiatry

**Mitchell Shuwall, PhD**  Executive Director, the Zucker Hillside Hospital

**Mark Fauth, MBA**  Vice-President: Behavioral Health Service Line, Zucker Hillside Hospital