



## Nursing Exploration Program-Nursing Immersion Experience

**Duration:** Tuesday, July 9, 2019 –Thursday, August 1, 2019. Program will be held on Tuesdays and Thursdays from 8:00am to 4:00pm. You must be available on Monday, July 8, 2019 for Program Orientation.

**Location:** North Shore University Hospital, Manhasset, NY

The **Northwell Health Nursing Exploration Program** at **North Shore University Hospital** is designed to encourage high school students to explore their interest in becoming a registered nurse. Participants meet with a nurse educator to discuss their career goals and a personalized calendar of nursing experiences is developed for each student. The program is held concurrently with the North Shore University Hospital Summer Nurse Extern Program to allow for shared learning experiences between potential nursing students and nurse externs who are currently matriculated in a nursing program. Students will spend time shadowing nurses based upon their areas of interest. While students do not provide direct patient care, they are encouraged to engage with nurses and nurse externs throughout the immersion experience to refine their career goals.

**Requirements:** This program is geared towards High School Students going into their **Sophomore** or **Junior Year in the Fall 2019**.

**To apply,** please complete our regular volunteer application plus a parental permission form located in the link for additional documents [www.northwell.edu/nsuh-volunteers](http://www.northwell.edu/nsuh-volunteers). Applications must include an essay between 400-500 words describing why you are interested in participating in this program and what you hope to take away from this program. In addition, we require a letter of academic reference which should be on official school letter head and either mailed or emailed to Anita Trost at the address below.

**Application Deadline:** Completed Applications and references letters must be received no later than 5pm on **January 14, 2019**

### **Program Structure:**

**Clinical Experiences:** Working with the director of nursing education, students are matched with nurses in a variety of clinical settings two to three times per week. Students have the opportunity to shadow nurses in specialties such as medicine, surgery, the operating room, the emergency department, intensive care, and wound care.

- **Didactic Sessions:** Each week, students attend a classroom enrichment session along with members of the Summer Nurse Extern Program. During these sessions nursing leaders present different facets of the nursing profession. Participants have the opportunity during these shared learning experiences to have a dialogue with current nursing students about what to expect when applying to and attending nursing school.
- **Debriefing Sessions:** After each clinical and classroom experience, participants debrief with a nurse educator, providing an opportunity to reflect on the similarities and differences between nursing practice across specialties. Participants are encouraged to observe nurses' collaboration with other disciplines in practice to identify how varied professions work together to achieve excellent patient care.

For further information about this program, please contact Anita Trost. Her schedule is Friday, Saturday, Sunday, Monday & Tuesday from 9:00am to 5:00pm.

### **Anita Trost**

Volunteer Coordinator, North Shore University Hospital

Phone: (516) 562-4947, Email: [ATrost@northwell.edu](mailto:ATrost@northwell.edu)

For more information about Northwell Health please visit: <https://www.northwell.edu/>