Joining a cancer support group can be one of the best ways to cope with your diagnosis, treatment and post-treatment issues. Support groups allow you to connect with others who are going through the same experience and empower you to move beyond your diagnosis and overcome any challenges. For details, dates and times for the support groups below, please contact one of the people listed.

*Advanced registration is required for groups with an asterisk (*) following the group name.*
Groups for Patients

People Living with Cancer and their Caregivers*
When: Fourth Tuesday of the month, 5:30 to 7 pm
Where: Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042
Contact: Ella Strzepa, LCSW, OSW-C (516) 734-8817, pre-registration is required

Cancer Support Group (Plainview)*
When: Meets second Thursday of every month, 6 to 8pm
Where: Plainview Hospital, Lecture Room A, 888 Old Country Road, Plainview, NY 11803
Contact: Barbara Casey, (516) 541-4673 or Katherine Case, (516) 795-4614

Cancer Support Group (Valley Stream)
When: First Monday of every other month, 2:30 to 4pm; call for dates
Where: Franklin Hospital, 900 Franklin Avenue, 1st Floor Conference Room, Valley Stream, NY 11520
Contact: Annie Rossetti, (516) 256-6025

Cancer Support Group (Staten Island)
When: First Monday of every month (except July and August), noon to 1pm
Where: Nalitt Institute for Cancer and Blood-Related Diseases, Library, Conference Room, 2nd floor, 256C Mason Avenue, Staten Island, NY 10305
Contact: Loretta DeSimone, (718) 226-8888

Cancer Survivor Workshop
When: Call for dates and times
Where: Location to be announced (Huntington area)
Contact: Gail Probst RN, (631) 351-2568.

Oncology Support Group
When: First and third Wednesday of the month, 7 to 9pm
Where: Huntington Hospital, Women’s Health Center, 270 Park Avenue, Huntington, NY 11744
Contact: Jamie Puzelli, LMSW, ACHP-SW (631) 351-2013 or Mary Gordon, RN (631) 351-2725

Ostomy Support Group
When: Call for dates and times
Where: Huntington Hospital, Dolan Family Health Center, Room 101, Huntington, NY 11744
Contact: Nicole Probst, CWOCN (631) 351-2656

Young Adult Support Group
For young adults (ages 18-40) diagnosed with cancer
When: Call for dates and times
Where: Monter Cancer Center, Conference Room, 450 Lakeville Road, NY 11042
Contact: Sharon Daneshgar LCSW, (516) 734-7682
Groups for Family and Caregivers

**People Living with Cancer and their Caregivers***

*When:* Fourth Tuesday of the month, 5:30 to 7 pm  
*Where:* Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042  
*Contact:* Sandra Caparco, LCSW, OSW-C, (516) 734-8744; pre-registration is required

**Parent Support Group**

*When:* Weekly meetings, Saturdays 9:30 to 10:30am  
*Where:* Cohen Children’s Medical Center of New York Teaching Center, Ground Floor of Research Building, 270-05 76th Avenue, New Hyde Park, NY 11040  
*Contact:* Ingrid McFarlane, MSW, LCSW, (718) 470-3124

**Caregiver Support Group**

*When:* Third Monday of every month (except July and August), noon to 1:30 p.m.  
*Where:* Nalitt Institute for Cancer and Blood-Related Diseases — Library, Conference Room, 2nd floor, 256C Mason Avenue, Staten Island, NY 10305  
*Contact:* Loretta DeSimone, (718) 226-8888

**Oncology Support Group**

*When:* First and third Wednesday of the month, 7 to 9pm  
*Where:* Huntington Hospital, Women's Health Center, 270 Park Avenue, Huntington, NY 11744  
*Contact:* Jamie Puzelli, LMSW, ACHP-SW (631) 351-2013 or Mary Gordon, RN (631) 351-2725

**Bereavement**

**Bereavement Group, Cancer-Related Loss***

*When:* Call for dates and times, pre-registration required  
*Where:* Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042  
*Contact:* Department of Social Work, (516) 734-8778

**Center for Hope (for parents)**

*When:* Call for dates and times  
*Where:* Cohen Children's Medical Center of New York, 270-05 76th Avenue, New Hyde Park, NY 11040  
*Contact:* Bereavement Coordinator, (516) 216-5194, Department of Social Work, (718) 470-3124

**Handling the Holidays for the Bereaved***

*When:* November; call for date and time  
*Where:* Huntington Hospital, Women’s Health Center, 270 Park Avenue, Huntington, NY 11743  
*Contact:* Jamie Puzelli, LMSW, ACHP-SW (631) 351-2013

**Bereavement Group***

*When:* Call for dates and times  
*Where:* Huntington Hospital, Women's Health Center, 270 Park Avenue, Huntington, NY 11743  
*Contact:* Jamie Puzelli, LMSW, ACHP-SW (631) 351-2013
Bone Marrow/Stem Cell Transplant

Post-Transplant Support Group*

When: Third Thursday of the month, 2 to 3pm, call for dates and times  
Where: Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042  
Contact: Jamie Lamarca, MSW, (516) 562-8429

Brain Tumor

Brain Tumor Support Group*

When: Call for dates and times  
Where: Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042  
Contact: Eileen Fusco, NP, (516) 941-1260 or Louise Purcell, NP, (516) 562-3058

Breast Cancer

Beyond Breast Cancer Group*

When: Once monthly on Thursdays, 5:30 to 7pm, call for dates  
Where: Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042  
Contact: Gina DiVincenzo, LCSW, (516) 321-3009

Breast Cancer Support Group*

For cancer patients, survivors and their families in partnership with Town of Islip Breast Cancer Coalition  
When: Call for dates and times; pre-registration is required  
Where: Southside Hospital, Library Conference room A, 301 East Main Street, Bay Shore, NY 11040  
Contact: Georgina Crowley, (631) 968-7424

Breast Cancer Support Group I

For newly diagnosed breast cancer patients, up to one year post-diagnosis  
When: Second and fourth Thursday of the month, 5:30 to 7pm  
Where: Huntington Hospital, 270 Park Avenue, Huntington, NY 11744, 1 North Lounge  
Contact: Joyce Davis, RN (631) 547-6385 or Judy Koles, RN (631) 351-2564

Breast Cancer Support Group II

For those diagnosed with breast cancer, over one year post-diagnosis  
When: Third Thursday of the month, 7 to 9pm, except during July and August  
Where: Huntington Hospital, 270 Park Avenue, Huntington, NY 11744, 1 South Conference Room  
Contact: Toni Lico, (631) 757-4581

Sisters of Greater Long Island, an African-American Breast Cancer Survivors’ Organization

When: Call for dates and times  
Where: Huntington Hospital, 270 Park Avenue, Huntington, NY 11743, 1 South Conference Room;  
Town of Babylon Pool and Recreation, 155 Phelps Lane, North Babylon, NY 11703  
Contact: Cynthia, (631) 549-4482 or Orrie (631) 842-3971 or Sue (631) 872-5737
**Grupo de Apoyo de Mujeres Latinas con Cancer en los Senos**
*Hora y Fecha:* 7-9pm ultimo Viernes de casa mes
*Donde:* Brentwood Senior Citizen Center, 16 Segunda Avenida, Brentwood, NY 11717
*Contacto:* Maria Gonzales, (631) 951-6908

**Breast Cancer Support Group**
*When:* Last Saturday of every month (except on holidays; then prior Saturday), noon to 1:30pm
*Where:* Medical Arts Pavilion, Great Room, 2nd floor, 242 Mason Avenue, Staten Island, NY 10305
*Contact:* Loretta DeSimone, (718) 226-8888

**Head and Neck**
**Laryngectomy Support Group***
*When:* Fridays, 10:30 to 11:30am
*Where:* Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042
*Contact:* Linda Glazer, LCSW, DSW, (718) 470-8631

**Support for People with Oral and Head and Neck Cancer (SPOHNC)***
*When:* Third Thursday of each month, 6:30 to 8pm
*Where:* LIJ Medical Center, Hearing and Speech Center, Conference Room Lower Level, 410 Lakeville Road, New Hyde Park, NY 11040
*Contact:* Sharon Lerman, LCSW, (516) 734-8203

**Look Good... Feel Better**
**Look Good... Feel Better***
*When:* Call for dates and times
*Where:* Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042
*Contact:* Ella Strzepa, LCSW, OSW-C, (516) 734-8817 or American Cancer Society, (800) 227-2345

**Look Good... Feel Better***
*When:* Call for dates and times
*Where:* North Shore-LIJ Cancer Institute at Huntington, 270 Pulaski Road, Greenlawn, NY 11740
*Contact:* (631) 427- 6060 or American Cancer Society, (800) 227-2345

**Look Good ... Feel Better***
*When:* February, May, September and December. Call for dates and times
*Where:* Nalitt Institute for Cancer and Blood-Related Diseases — Library, Conference Room, 2nd floor, 256C Mason Avenue, Staten Island, NY 10305
*Contact:* Loretta DeSimone, (718) 226-8888 or American Cancer Society, (800) 227-2345
Leukemia and Lymphoma
Leukemia and Lymphoma Support Group for Patients and Families*
When: Fourth Wednesday of the month, call for dates and times
Where: Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042
Contact: Sharon Daneshgar, LCSW, (516) 734-7682

Prostate Cancer
Prostate Support and Education Group
When: Third Wednesday of the month, 4:30 to 6pm
Where: Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042
Contact: Ella Strzepa, LCSW, OSW-C, (516) 734-8817. Pre-registration is required.

Men’s Health Group
When: Every other month, 7 to 8:30pm. Call for dates.
Where: Nalitt Institute for Cancer and Blood-Related Diseases, Conference Room, 2nd floor, 256C Mason Avenue, Staten Island, NY 10305
Contact: Loretta DeSimone, (718) 226-8888

Smoking Cessation
Nicotine Anonymous Support Group
When: Every Monday 6:45 to 7:45pm
Where: North Shore-LIJ Center for Tobacco Control, 225 Community Drive, South Entrance, Great Neck, NY 11021
Contact: Patricia Folan, RN, (516) 466-1980

Smoking Cessation Program*
Completion of “Quitting Smoking is Possible!” or “Individual Quit” program required
When: Every Tuesday, 6 to 7pm
Where: North Shore-LIJ Center for Tobacco Control, South Entrance, 225 Community Drive, Great Neck, NY 11021
Contact: Patricia Folan, RN, (516) 466-1980

Ann’s Hope — Nicotine Anonymous
When: Every Wednesday, 7:30 to 8:30 pm
Where: Huntington Hospital, 270 Park Avenue, Huntington, NY 11744, 1 Southwest Conference Room
Contact: Patti Aliperti, (631) 385-1410
Survivorship

Bridge to Survivorship — Gynecological Cancer
A program for gynecological cancer survivors who have completed active treatment and are seeking information and support to help them face the new journey of being cancer survivors
When: Every other month (call for details), 6 to 7:30pm
Where: Monter Cancer Center, 450 Lakeville Road, Lake Success, NY 11042
Contact: Ella Strzepa, LCSW, OSW-C, (516) 734-8817

Bridge to Survivorship — Breast Cancer*
A program for breast cancer survivors who have completed active treatment and are seeking information and support to help them face the new journey of being cancer survivors
When: Call for dates and times; pre-registration required
Where: Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042
Contact: Sandra Caparco, LCSW, OSW-C, (516) 734-8744

Path to Wellness after Cancer*
A program for cancer survivors who have completed active treatment and are seeking information and support to help them face the new journey of life as a cancer survivor
When: Second Tuesday of every month, 5:30 to 7pm
Where: Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042
Contact: Sharon Lerman, LCSW, (516) 734-8203

Cancer Survivor Workshop
When: Call for dates and times
Where: Location to be announced (Huntington area)
Contact: Gail Probst RN, (631) 351-2568

Wellness Support

Gentle Chair Yoga
When: Every Wednesday, 10:30-11:30am
Where: Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042
Contact: Linda Bardekoff, RN, HN-C, (516) 734-7651

Relaxation Classes*
When: Call for dates and times
Where: Monter Cancer Center, Conference Room, 450 Lakeville Road, Lake Success, NY 11042
Contact: Sharon Lerman, LCSW, (516) 734-8203
North Shore-LIJ Cancer Institute

North Shore-LIJ Cancer Institute is one of the largest cancer programs in the New York metropolitan area. Our multidisciplinary teams develop individualized treatment plans that address patients’ physical and emotional needs. As the most important member of our team, patients receive personal attention and unsurpassed compassion. We seek newer, better and more effective ways to treat cancer through our robust clinical trials and research programs. Our patients benefit from state-of-the-art technologies, highly specialized diagnostic and surgical techniques and the newest, most promising treatments.

To learn more call or visit:
North Shore-LIJ Cancer Institute
450 Lakeville Road
Lake Success, NY 11042
(516) 734-8778
NSLIJCancerCare.org